



# Western Canada Cup



## RACE NOTICE

### Western Canada Cup Series #3, #4 Teck Kootenay Cup #1, #2

December 11-12, 2021

- Race Events: Friday December 10<sup>th</sup> Official Training Day  
Saturday December 11<sup>th</sup> Individual Sprints (Open) – Classic  
Interval Start (Teck Kootenay Cup) - Classic  
Sunday December 12<sup>th</sup> Mass Start - FT
- Race Location: Black Jack Ski Trails, 3 km north of Rossland
- Host Club: Black Jack Cross Country Ski Club
- Race sanctioned by: Federation Internationale de Ski (FIS) & Nordiq Canada (NC)
- Rules: [FIS International Ski Competition Rules \(ICR\)](#) . These races will be FIS Points Races for the Open Category and CPL Points Races for U14 and older.
- Super Tour Trip Selection: [Super Tour Trip Selection Criteria](#) based on the 2021 Canada Cup events.
- Covid Guidelines: Black Jack Ski Club will follow all current provincial and sport requirements to ensure everyone is kept as safe as possible during the event. All athletes (over the age of 12), support staff and volunteers MUST be double vaccinated with a Canadian Government approved COVID Vaccine.
- Covid Venue Protocol: All athletes, support staff and volunteers will be required to confirm their vaccine status before they can access the venue on training and race days.
- Race Entry Deadline: **Monday Dec 6, 2021– 23:59 PST**  
Late entries will only be accepted at the discretion of the jury and will incur an additional \$50 late fee per race.

Race Organizing Committee: Event Chair: Adele Pratt  
Chief of Competition: Ian Sibbald 250-368-1474  
[isibbald@icloud.com](mailto:isibbald@icloud.com)  
Asst. Chief of Competition: Mark Richards  
Chief of Course: Dave Wood  
Chief of Timing: Linda Merlo  
Chief of Stadium: Edouard Drolet  
Chief of Venue: Mike Heximer  
Competition Secretary: Jacqui Richards [blackjack.noram@gmail.com](mailto:blackjack.noram@gmail.com)  
Covid Coordinator: Peter Krampf [ciganypete@hotmail.com](mailto:ciganypete@hotmail.com)

Race Jury: Chief of Competition: Ian Sibbald  
Technical Delegate: Jeff Ellis [jeff.ellis418@gmail.com](mailto:jeff.ellis418@gmail.com)  
Assistant TD: Jeannie MacDonald

Registration & Entry Fees: All registration will take place online, using Zone4 ([www.zone4.ca](http://www.zone4.ca)). Coaches and support persons must register on Zone4 (no fee). Preliminary Seeding Lists will be sent in advance via email to coaches who are registered.

Open Men/Women:

Regular Registration up to Dec 4 \$45 per race

Final Registration Dec 5, Dec 6 \$50 per race

*Note: For entry fees for other categories see "Competition Schedule" on page 3.*

Racers and Coaches must check the confirmation list on Zone4 to ensure they are registered in the correct age and gender categories. Contact the Competition Secretary with any corrections. [blackjack.noram@gmail.com](mailto:blackjack.noram@gmail.com)

Licences: All skiers in the U14, U16, U18 and Open categories must have at least one of the following:

- Nordiq Canada Racing License
- FIS License
- Supporting Member Day License (SMDL) issued by Nordiq Canada (may be purchase with online registration)
- Foreign racers may hold a current license issued by their National Ski Federation

For skiers with NC and FIS licences, both numbers must be provided at registration.

U12 and younger and Master M/W do not require a license to race.

Waivers: Waivers must be accepted at online registration on Zone4.

Seeding Seeding will be according to the [Draft Canada Cup Technical Package 2021-2022](#), Section 5.7

## Competition Schedule

DAY 1 Sat Dec 11, 2021 Western Canada Cup, race #3 - Sprint, CI / Teck Kootenay Cup #1 - Interval Start, CI

Race	Category	Sub Category / YOB	Distance	Course Format	Start Time	Fee per Race
Sprint Qualifier	Open Women	Senior Born 1998 or before U23 Born 1999 - 2001	1.4 km	Sprint	9:00	\$45 See p 2
Sprint Qualifier	Open Men	Senior Born 1998 or before U23 Born 1999 - 2001	1.4 km	Sprint		\$45 See p 2
Sprint Qualifier	U20	2002, 2003	1.4 km	Sprint		\$45 See p 2
Sprint Qualifier	U18	2004, 2005	1.4 km	Sprint		\$30
Sprint Qualifier	U16	2006,2007	1.4 km	Sprint		\$25
Interval Start	U8B / U8G	2014, 2015, 2016	1 km	1 x 1	10:00	\$10
Interval Start	U10B / U10G	2012, 2013	1 km	1 x 1		\$15
Interval Start	U12B / U12G	2010, 2011	1.6 km	1 x 1.6		\$15
Interval Start	U14B	2008, 2009	2.5 km	1 x 2.5		\$20
Interval Start	U14G	2008, 2009	2.5 km	1 x 2.5		\$20
Interval Start	Masters Men 30+	Born 1991 or before	7.5 km	3 x 2.5		\$25
Interval Start	Master Men 50+	Born 1971 or before	7.5 km	3 x 2.5		\$25
Interval Start	Masters Women 30+	Born 1991 or before	5 km	2 x 2.5		\$25
Interval Start	Masters Women 50+	Born 1971 or before	5 km	2 x 2.5		\$25
Sprint Heats	Open Women,	U20, U18, U16	1.4 km	Heats	11:30	
Sprint Heats	Open Men,	U20, U18, U16	1.4 km	Heats	13:00	

DAY 2 Sun Dec 12, 2021 Western Canada Cup, race #4 / Teck Kootenay Cup #2 – Mass Start, FT

Category	Sub Categories / YOB	Distance	Course Format	Start Time	Fee per Race
Open Women	Senior W Born 1998 or before U23 Born 1999 – 2001 U20W Born 2002 – 2003	9.9 km	3 x 3.3	10:00	\$45 See p 2
Open Men	Senior M Born 1998 or before U23 Born 1999 – 2001 U20M Born 2002 – 2003	15 km	4 x 3.75	11:00	\$45 See p 2
U18M	2004, 2005	15 km	4 x 3.75		\$30
U18W	2004, 2005	9.9 km	3 x 3.3		\$30
U16 Boys	2006,2007	7.5 km	2 x 3.75		\$25
U16 Girls	2006,2007	6.6 km	2 x 3.3		\$25
U8B / U8G	2014, 2015, 2016	1 km	1 x 1		\$10
U10B / U10G	2012, 2013	1 km	1 x 1		\$15
U12B / U12G	2010, 2011	2.5 km	1 x 2.5		\$15
U14B / U14G	2008, 2009	2.5 km	1 x 2.5		\$20
Masters Men 30+	Born 1991 or before	9.9 km	3 x 3.3		\$25
Masters Men 50+	Born 1971 or before	9.9 km	3 x 3.3		\$25
Masters Women 30+	Born 1991 or before	7.5 km	3 x 2.5		\$25
Masters Women 50+	Born 1971 or before	7.5 km	3 x 2.5		\$25

Saturday Sprints:	The Open, U20, U18 and U16 categories will be combined in the Qualification race for seeding purposes and run as a single open class but will be separated into Open/U23, U20, U18 and U16 categories for the heats. The top 30 Men and top 30 Women will advance to quarterfinal heats. There will be a technique zone for the Open Sprint Categories.
Canada Points List:	If a racer has a 2021-2022 race license but did <u>not</u> have a 2020-2021 race license, they will not be seeded in period 1 races. The next points list will be updated Nov 2021.
Western Canada Cup Awards:	Awards will be given to the top three skiers in each category. Award ceremonies will be held immediately after races.
Team Captains' Meetings:	The Team Captains' meetings for the Canada Cup will be held on Zoom the evening before each race at 7pm for coaches of Western Canada Cup skiers. The link will be emailed to registered coaches.
Start Lists:	Start lists for each race will be available on Zone4 after the Team Captains' meeting on the evening before the race. Please review confirmation lists which will be posted before TCM for the next days event
Bib Pick-up:	Bibs for each race can be picked up from outside the Race Office (the trailer in the parking area). See Event Timetable on p6 for times. Masks will be required to enter the Race Office.
Course Maps:	Maps of the race courses will be available before the event on the Black Jack website <a href="#">Canada Cup page</a> .
Waxing Facilities:	Outdoor electrical outlets for waxing will be available at the race site. It is recommended that each team/club bring their own wax tent
Waxing Protocol:	Nordiq Canada requires all coaches, wax technicians and parents abide by the <a href="#">Nordiq Canada Fluoro Policy</a> . The Teck Kootenay Cup is a Tier 2 event which falls under the <a href="#">CCBC Protocol Regarding the Use of Fluorinated Waxes</a> , dated Sept 2021. Note: fluorinated grip waxes will be permitted.
FIS Protest Procedure:	The Protest Procedure is outlined in the <a href="#">FIS ICR - Section F</a> . Protest forms will be available in the Race Office. Note: a \$100 fee must accompany a protest form.
Food/Services:	There will be no food available for purchase on site on race days. Rossland shops/restaurants are a 10 minute drive; Red Mountain Resort is a 5 minute drive. Note: There will be water available at the race site.
Trail Passes:	There will be no trail fees charged to competitors, their coaches, and other team support personnel on race days and Friday Dec 10 <sup>th</sup> the official training day. All persons who wish to ski on the trails outside these dates

and conditions must purchase and display a valid trail pass or have a valid season pass. A discounted 3 day trail pass will be available on Zone4 for athletes and coaches and designated waxers for \$25 for the 3 days prior to the event. These passes will be available to purchase on Zone4 registration.

**Weather:**

For up-to-date weather information in the Rossland area, visit the Environment Canada website at:  
[http://www.weatheroffice.gc.ca/city/pages/bc-71\\_metric\\_e.html](http://www.weatheroffice.gc.ca/city/pages/bc-71_metric_e.html)  
Or current Weather for Strawberry Pass (Nancy Greene Summit) at:  
<http://images.drivebc.ca/bchighwaycam/pub/weather/32221.html>  
Also, Red Mountain website at:  
<http://www.snow-forecast.com/resorts/Red-Mountain/6day/mid>

**Race Cancellation:**

If the event is cancelled due to weather conditions or ViaSport Covid guidelines, a refund will be given to all competitors as per the [2021-2022 Draft Canada Cup Technical Package](#). For competitors that have to cancel before race entry deadline, a refund will be given less an admin fee.

**Accommodation:**



The organizing committee has negotiated a discount with Red Mountain Resort Lodging for accommodation. They rent excellent quality condo style 1-4 bedroom apartments with full kitchens and underground parking, a 3 minute drive from the ski trails. Go to [www.redreservations.com](http://www.redreservations.com) for further details. This discount is not available for online bookings. To book, call 1-877-969-7669 or email: [reservations@redresort.com](mailto:reservations@redresort.com), mention Black Jack Canada Cup for the special rate. Waxing will be allowed in the underground parking area.

**Distances to Rossland:**

*Note: Black Jack ski trails are approximately a 10-minute drive from Rossland and 3 minutes from Red Mountain Resort.*  
Vancouver = 620 km (approx. 8 hrs)  
Calgary = 630 km (approx. 8hrs)  
Kelowna = 300 km (approx. 4 hrs)

We would like to acknowledge and thank our local sponsors for their ongoing support of skiing at Black Jack.



## EVENT TIMETABLE

Western Canada Cup #3, #4 / Teck Kootenay Cup #1, #2 – December 11-12, 2021

DATE	TIME (PST)	EVENT	LOCATION
Friday December 4	23:59	Regular registration closes	<a href="http://www.zone4.ca">www.zone4.ca</a>
Monday December 6	23:59	<u>Final</u> deadline for registration <i>Coaches please check the Confirmation List</i>	If you have any problems with registration please email: <a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a>
Friday December 10	10:00-14:00	Official Training	Black Jack ski trails
	09:00-14:00	Race Office open	Parking area, Black Jack ski trails
	19:00 – 19:30	Team Captains' meeting	Zoom meeting – link will be emailed to coaches registered
Saturday December 11	08:00 – 09:00	Sprint Bib pick up	Outside Race Office
	09:00	Sprint Qualification, CI	
	09:00 – 9:30	Teck Kootenay Cup Bib pick up	Outside Race Office
	Between qualifier and heats	U8 to U14, Masters Men & Women – Interval Start, CI	Award ceremony to be held immediately after races.
	11:00 11:30	Sprint Heats Bib pick up Sprint Heats	Outside Race Office – individual athletes
	19:00 – 19:30	Team Captains' meeting	Zoom meeting – link will be emailed to coaches registered
Sunday December 12	08:00-10:00	Bib pick up	Outside Race Office
	10:00	Open Men , U18M, U16B	
	11:00	Open Women, U18W	
Mass Start Free Technique		U8 to U14 B&G, Masters Women, U16G, Masters Men	Award ceremony to be held immediately after races.

\* Note: Changes may need to be made to the race start times due to weather, Covid Protocol etc. Please check the [Black Jack website](http://www.zone4.ca) for updates.