

Northern Cup



Cross Country BC

Teck

Omineca Ski Club hosts Teck Northern Cup #4

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FOR IMMEDIATE RELEASE

(Burns Lake, B.C.)



On Sunday, January 29th, Omineca Ski Club hosted the Teck Northern Cup #4. A total of 71 racers from Terrace, Smithers, Houston, Burns Lake, Vanderhoof and Prince George braved cold temperatures to challenge each other on our unique trail network.



U12 Boys on their way towards Nightmare
Photo Credit: Agathe Bernard

The day began with an unexpected temperature of -28C. Helped by a sunny sky, the temperature climbed rapidly and after consulting with coaches, race organizers delayed the start of the race for the U8, U10 and U12.

The classic technique mass start race included distances ranging from 800 m for the youngest skiers to 10 km for the older skiers. Asked about their favorite part of the day, U12 and U14 unanimously said “the *Nightmare* and its 2 dips.” The sentiment was shared by Richard, 37, who said “after the first dip, I had a huge smile on my face.” The day was such a success that Freya, 7, addressed the crowd after the awards ceremony to thank everyone for coming and to say, “I hope you had fun because today was fun.” Well said, Freya!

Without the gift of time from so many volunteers, we would not have been able to provide such a great opportunity to skiers of all ages to race and experience the thrill of competition. In particular, our

groomer was challenged by a lower-than-normal snowpack coupled with several days of above freezing temperatures followed by a quick freeze. He worked hard and slow to groom the trails to near perfection and ensure safe and enjoyable conditions.



Awards Ceremony Overview

Doug in his vintage Omineca Ski Club racing suit

Photo Credit (two images): Amy Dash

Organizers are also grateful to Teck Resources Limited for its sponsorship of the race series.

Results are available at: [Teck Northern Cup #4 \(2023\) | Zone4.ca](https://www.teck.com/en-ca/teck-northern-cup-2023)

For more information, please contact:

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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.

