

**Regional Camp
Coast**



Teck

Teck Regional Snow Camp (Coast VI Region) *BIG Things Happening!*

FOR IMMEDIATE RELEASE

January 3rd, 2022

Courtenay, BC – T'was the season for BIG on Vancouver Island at the Teck Regional Snow Camp, held December 28-30 at the Nordic Centre of Mount Washington Resort. BIG numbers; 63 athletes! BIG snow dump; the first of a few! BIG drop in temps; -20°C on the island? Green wax? And an even BIGGER Maze!

Conditions were epic and had the Island athletes enjoying 3 days of great skiing, technical development including a multitude of starts and sprints, mixed team relays in both skate and classic disciplines and the annual Agility Fest, with the most popular station once again being the Maze. Even bigger than last year for a whole new level of fun! Many thanks to the Galik family and their crew who delight in creating such a fun and excellent skills and agility training experience for all racers, youngsters to masters.



Special thanks to all the coaches and parents who make camps like this one so FUN and memorable. Thank you also to Teck Resources Limited for their continued support of the Regional Camp program!



For more information, please contact:

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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.

For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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