





# **Canadian Sport Institute Pacific and Cross Country BC Athlete and Coach Nomination Criteria**

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## PURPOSE

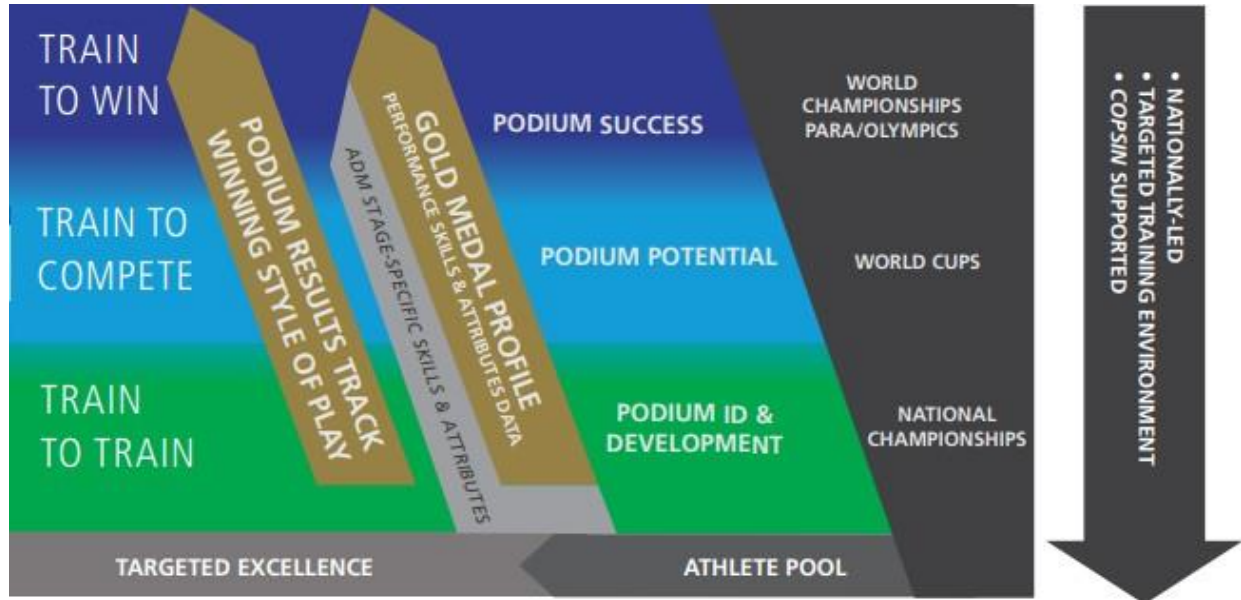
Canadian Sport Institute Pacific, through a partnership with the Province of British Columbia (BC), viaSport, the network of PacificSport centres, and Cross Country BC collaborates to deliver programs and services to place BC athletes<sup>1</sup> on national teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout BC.

This template provides a standardized process with which to identify athletes and coaches within the Cross Country BC high performance program as well as athletes who are tracking against key development pathway metrics toward national teams. The levels within the targeted pathway seek to create a common standard across all sports; hence, the template must be used in its entirety. PSO/DSOs are able to adapt the template to suit their own purposes (e.g. branding, application process, etc.) provided all relevant information is contained within.

Canadian Sport Institute / PacificSport athlete and coach support for the Sport Canada AAP Carded nomination focuses on athletes and teams 0-4 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent the current generation of national team athletes who are carded by the NSO through Sport Canada's Athlete Assistance Program.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the international podium, identified by the sport-specific Podium Pathway (Figure 1) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years away) and future generations (9-12 years away) of Olympic and Paralympic or World Championship medalists.

**Figure 1 – Podium Pathway (LTAD 3.0)**



<sup>1</sup> A BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three (3) months in a twelve (12) month period) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, Cross Country BC may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute Pacific / PacificSport athlete or coach enrollment. Upon completion of enrollment and onboarding, athletes and coaches can engage in enhanced programs, benefits, and selected support services through Canadian Sport Institute Pacific and the network of PacificSport regional centres in BC.

Canadian Sport Institute / PacificSport athlete support is divided into four levels based on performance, each with a slate of designated benefits. Please see Appendix A for an outline of Cross Country BC targeted athlete benefits, programs, and services as delivered through Cross Country BC.

Targeted athletes are nominated by Cross Country BC based on the athlete criteria below. As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward Cross Country BC high performance program benchmarks to remain targeted. Georgia Manhard and the Canadian Sport Institute technical lead working with Cross Country BC have the final authority over the Canadian Sport Institute nomination process. Any inquiries regarding the sport-specific selection criteria can be made to Georgia Manhard, [gmanhard@telus.net](mailto:gmanhard@telus.net).

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / Cross Country BC targeting runs June 30 to July 1<sup>st</sup> annually, and athletes are selected based on performances from the previous 12 months. Athletes meeting criteria throughout the annual nomination cycle may be added to the Cross Country BC targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative Georgia Manhard, [gmanhard@telus.net](mailto:gmanhard@telus.net).

## ATHLETE/COACH ENROLLMENT

Once the athlete or coach is nominated, they will be notified by Cross Country BC and will be provided with information on how to enroll. All athletes and coaches must enroll with Canadian Sport Institute / Pacific Sport in order to receive athlete or coach supports and benefits.

## CORE CRITERIA

1. For PSO/DSO nominations, athletes must be considered in good standing at the discretion of Cross Country BC as a competitive athlete and meet the definition of a BC athlete.
2. All athletes nominated should have a designated coach who is responsible for planned year-round programming. Specific coach criteria must be identified under coach nominations.
3. All athletes nominated must be meaningfully engaged with Cross Country BC programming.
4. Athletes who fail to meet targeting criteria due to injury or absence, may remain on Cross Country BC's nomination list at the discretion of the PSO/DSO when:
  - a. There is an expectation the athlete in question would have met criteria if no injury or absence had occurred **AND**;
  - b. The athlete in question was nominated by Cross Country BC in the previous 12 months.

## LEVEL-SPECIFIC CRITERIA

Please note both the Canadian Sport Institute criteria and the Cross Country BC sport-specific criteria:

### Sport Canada AAP Carded

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*Canadian Sport Institute Criteria:*

- Athletes who appear on the Sport Canada AAP Carding List and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway.
  - It is the responsibility of Cross Country BC to consult with the NSO, identifying and nominating any Sport Canada AAP Carded athletes in the province of British Columbia.

*\*Note, it is the responsibility of Cross Country BC, in consultation with the NSO, to identify and nominate any Sport Canada AAP Carded athletes meeting Core Criteria.*

### Canadian Development

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*Canadian Sport Institute Criteria:*

- Athletes who compete on the senior national team in eligible events, but do not receive Sport Canada AAP funding, and verified by the NSO. These athletes are in the High Performance (HP/T2W) stage of the Podium Pathway **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway (including Gold Medal Profile) and verified by the NSO. If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as "NextGen" defined as the expectation to be selected to the senior national team in eligible events **within 12 months** and verified by the NSO.

### Cross Country BC Sport-Specific Criteria:

- 1.1. Athletes who have had a top 30 performance at the World U23 Championships in the last 12 months. **OR**;

- 1.2. Athletes who have had a top 30 performance at the World Junior Championships in the last 12 months. **OR;**
- 1.3. Athletes are named to the National Ski Team in the past 12 months; **OR;**
- 1.4. Athletes who achieved one of the following single best International Points List (IPL points) results for the U18, U20 or U23 age categories in Sprint OR Distance (subject to annual change due to Nordiq Canada podium pathway updates) in the past 12 months. See standards at: <https://nordiqcanada.ca/wp-content/uploads/Summary-IPB-revision-2015.pdf>

### ***Sport-Specific Criteria for Para-Nordic:***

- 1.5. Athletes who met the IPC Classification Code in past 12 months or were classified within the registration cycle. **AND;**
- 1.6. Athletes who are named to the 2025-26 (next 12 months) Paralympic stream of the National Ski Team.

### **Provincial Development Level 1**

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#### *Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward the HP Athlete Development stage according to the NSO-specific Podium Pathway and Gold Medal Profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking toward Canadian Development and meet the criteria below:
  - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile) **AND;**
  - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two) **AND;**
  - Competed at the appropriate<sup>2</sup> age group or junior world championships in an eligible event (or equivalent international developmental event) in the previous 12 months **OR;**
  - Won a medal in an eligible event at their sport-specific national senior/open, appropriate<sup>2</sup> age group or junior championships (or equivalent level of performance standard) in the previous 12 months.

#### ***Cross Country BC Sport-Specific Criteria:***

- 2.1. Athletes who completed a comprehensive annual training plan (YTP) and maintained a CCBC Athlete Log in the previous 12 months as per the Athlete Agreement for provincial team programs. Athlete log submitted to personal coach by April 1<sup>st</sup> Annually. See: [https://www.crosscountrybc.ca/sites/default/files/documents/2025-26%20BC%20Ski%20Team%20Athlete%20Agreement\\_.pdf](https://www.crosscountrybc.ca/sites/default/files/documents/2025-26%20BC%20Ski%20Team%20Athlete%20Agreement_.pdf) **AND;**

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<sup>2</sup> Definition of appropriate is based on a number of factors such as peak development age, average age of National Team, sport's competition schedule, and logical pathway progression. Final determination will be made by CSI Pacific.

- 2.2. Athletes who competed at the World Junior Championships or World U23 Championships in the past 12 months. **OR;**
- 2.3. Athletes named to the national junior team in the past 12 months. **OR;**
- 2.4. Athletes who achieved a top-three result in an individual event at the National Championships in either U20 Men/Women or U23 Men/Women categories in the past 12 months. **OR;**
- 2.5. Athletes who earned a top-three aggregate standing at the National Championships in either U20 Men/Women or U23 Men/Women categories in the past 12 months.

***Sport-Specific Criteria for Para-Nordic:***

- 2.6. Athletes who met the IPC Classification Code in the past 12 months, or were classified within the registration cycle. **AND;**
- 2.7. Athletes who competed at FIS sanctioned Para Nordic races in the past 12 months. **AND;**
- 2.8. Athletes who completed a minimum of 350 sport-specific training hours in the past 12 months. Athlete log submitted to personal coach by April 1st, 2025.

**Provincial Development Level 2**

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*Canadian Sport Institute Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, and who are tracking toward Provincial Development One according to the NSO-specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must meet the criteria below:
  - Meet specific performance-based benchmarks in accordance with an overall athlete monitoring and tracking framework (utilizing Gold Medal Profile), **AND;**
  - Athletes at this level are anticipated to convert to national team program as a Canadian Development or Podium athlete within a maximum duration of five years (combined Provincial Development Level One and Two), **AND;**
  - Competed in an eligible event at the appropriate<sup>2</sup> age group national championships (or equivalent level of performance standard) in the previous 24 months, **OR;**
  - Won a medal in an eligible event at their appropriate<sup>2</sup> age group provincial championships in the previous 12 months, **OR;**

***Cross Country BC Sport-Specific Criteria:***

- 3.1. Athletes who were named to the BC Ski Team in April, Annually **OR;**
- 3.2. Athletes who were named to the BC Development Squad in April, Annually **OR;**
- 3.3. Athletes who achieved the designated age-specific IPL points below in the past 12 months:

- U23 men/women (20-22) >85 IPL Points in both sprint and distance,
  - U20 men/women (18 – 19) >80 IPL Points in both sprint and distance,
  - U18 boys/girls (17-18) >77 IPL Points in both sprint and distance,
  - U16 boys/girls (15-16) >71 points in both sprint and distance. **OR;**
- 3.4.** U16 athletes who met the national standards for both the 3000 and 1000 meter running tests in the past 12 months AND had 70.0 or higher CPL points in either Distance or Sprint. See: <https://www.crosscountrybc.ca/sites/default/files/documents/CSI.pdf>. **OR;**
- 3.5.** U16 athletes who met the national standard for M/S ski speed three times, on a homologated competition course, in an officially designated race, in the past 12 months. See: <https://www.crosscountrybc.ca/sites/default/files/documents/CSI.pdf>.

***Sport-Specific Criteria for Para-Nordic:***

- 3.6.** Athletes who met the IPC Classification Code in past 24 months or were classified within the registration cycle. **OR;**
- 3.7.** Athletes who achieved a top three result at the 2023 Canada Winter Games. **AND;**
- 3.8.** Athletes complete a minimum of 350 sport-specific training hours during the 2024-25 ski season. Athlete log submitted to personal coach by April 1st, 2025.

## Coach Nomination

### *Canadian Sport Institute Criteria:*

Coaches are nominated when they are the coach of an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where both the Provincial/National coach and a personal coach have a significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet at least one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.
- Be designated as Provincial or Regional coach by the PSO/DSO.
- Be designated as a National Development / Senior National coach by the NSO.
- Be designated as athlete's coach of record based on sport-specific criteria below.

AND,

- NCCP Competition Development Trained Status or ACD coach,

### *Sport-Specific Coaching Criteria*

Coaches are nominated when they are the coach of an athlete who achieves designated criteria and they meet the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete.

OR,

- Be designated Provincial coach by the PSO or National coach by the NSO.

AND,

- Be a minimum of NCCP Comp-Dev 'trained' (Cross Country Skiing)

OR,

- Be a minimum of NCCP Level 3 certified (Cross Country Skiing)