

Northern Cup



Cross Country BC

Teck



RACE NOTICE

2022 TECK NORTHERN CUP #6

Nechako Nordics

DATE: Saturday, February 19, 2022

START TIME: 11:00 a.m.

LOCATION: Nechako Valley Sporting Association Trails, Vanderhoof, B.C.

HOST CLUB: Nechako Nordics Cross Country Ski Club

RULES: CCC rules and regulations

HOST CLUB INFORMATION:

Chief of Competition: Wanda Nemethy (250) 567-5324 bwruntwo@telus.net

Competition Secretary: Richard D. Burkholder (250) 567-9000 bur9000@telus.net

Chief of Timing: Sonya Zurevinski

Chief of Course: Steve Price

Chief of Stadium: Dave Zurevinski, Jason McCleary

ELIGIBILITY: Skiers must be a member in good standing of a CCC/CCBC club.

This race is designed to appeal to racers of all levels, from children and their parents just starting out to advanced racers.

LICENCES: No race license is required

RACE REGISTRATION: Registration and fee payment is ON-LINE only at:


<https://zone4.ca/register.asp?id=28089&lan=1&cartlevel=1>

Credit card payment is required. Check the Zone4 confirmation list for this event (available from the online registration section of Zone4) to be sure that you have registered correctly!

DEADLINE: Entries must be received by Wednesday, **February 16, 2022**, at 11:59 p.m.
NO LATE ENTRIES WILL BE ACCEPTED

DRAW: Friday, February 18, 2022, posted at www.zone4.ca

START LISTS: Start lists will be posted on Zone4 and be available Saturday morning after 8:30 a.m. at the bib pickup.

BIB PICKUP: Bib pickup for the race will be at the Nechako Valley Sporting Association Clubhouse 6 km West of Vanderhoof (turn North on Redmond Pit Road and follow the  signs) between 9:00 a.m. and 10:15 a.m. on Saturday, February 19, 2022.

Bibs must be picked up by 10:15 a.m.

AWARDS: An awards ceremony will be held on site following the race. In addition to the medals there will be **lots** of draw prizes to give away!

INDIVIDUAL AWARDS:

<u>Category</u>	<u>Age</u>	<u>Awards</u>
U8	7 & under	Teck participant ribbons for all
U10 (first year)	8 years	Teck medals for top 3 finishers; Teck participant ribbons for all others
U10 (second year)	9 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U12 (first year)	10 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U12 (second year)	11 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U14 (first year)	12 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U14 (second year)	13 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U16 (first year)	14 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U16 (second year)	15 years	Teck medals for top 3 finishers; Teck ribbons for 4 th and 5 th finishers
U18 Boys	16-17 years	Cookie medals for top 3 finishers
U18 Girls	16-17 years	Cookie medals for top 3 finishers
U20 Men	18-19 years	Cookie medals for top 3 finishers
U20 Women	18-19 years	Cookie medals for top 3 finishers
U23 Men	20-22 years	Cookie medals for top 3 finishers
U23 Women	20-22 years	Cookie medals for top 3 finishers
Senior Men	22-30 years	Cookie medals for top 3 finishers
Senior Women	22-30 years	Cookie medals for top 3 finishers
31 and Older Men	31 years+	Cookie medals for top 3 finishers
31 and Older Women	31 years+	Cookie medals for top 3 finishers

TEAM AGGREGATE AWARDS:

Club points are accumulated for each skier who successfully completes the race. Cross Country BC will post the aggregate points earned by participating clubs as they accumulate throughout the season. The winner of the Club Aggregate Award will be the club with the most points. **As this is the 6th and last race in the TECK Northern Cup the Club Aggregate Award will be presented immediately after the race has been completed!**

Details	Points
No. of participants in an interval start race	1 point per participant
Top 5 placing in each category	7 (for first place), 6, 5, 4, 3 points
If there are less than five competitors in a category, the points will still begin at 7 points for 1 st place, 6 points for 2 nd place, etc.	

COVID RESTRICTIONS:

As COVID requirements may change, please note that the Nechako Nordics will follow the latest Northern Health protocols on race day.

All spectators and participants must follow the 2021-2022 Nechako Nordics COVID Safety Plan: <https://nechakonordics.weebly.com/covid-19-protocols.html>

CLUBHOUSE USE:

A Clubhouse with washrooms is located adjacent to the Nechako Valley Sporting Association trails. Unfortunately, due to COVID concerns the Clubhouse will be used for essential purposes only:

- Masks must be worn in the Clubhouse.
- The Clubhouse cannot be used as a gathering spot as it has been in the past.
- To avoid congestion, you will need to enter the Clubhouse from the North door and exit via the South door.
- Use of the clubhouse will be restricted to essential warm up and bathroom use only.
We ask all users to restrict essential Clubhouse use to 15 minutes or less

PARKING: There is limited parking adjacent to the Nechako Valley Sporting Association clubhouse. Overflow parking is available along Quail Drive (the access road to the Nechako Valley Sporting Association trails).

WAXING: Participants should come to the race with skis already waxed as there are limited power outlets available for waxing. Due to COVID concerns, the Clubhouse waxing stations are not available for use.

WARM UP/WAX TESTING: A warm up area will be available in the vicinity of the race start.

COURSES: Course maps for all the race categories will be posted outside the clubhouse on race day.

CONCESSION: Due the present COVID concerns there will be no concession offered this year.

ACCOMMODATION AND DINING: For accommodation and dining opportunities in the Vanderhoof area please Google:

- Accommodation
- Dining

CANCELLATION: There are no refunds of any kind once a racer registers and then subsequently withdraws from the race or does not show up for the race. If the organizers are required to cancel the race due to weather or other unforeseen circumstances, then full refunds will be issued except for any online processing fees.

RACE SCHEDULE

INTERVAL START – FREE TECHNIQUE

Date: Saturday, February 19, 2022: Teck Northern Cup #6

Location: Nechako Valley Sporting Association Trails, Vanderhoof, B.C.

Start Time: 11:00 a.m.

Category	Subcategory	Age (on Dec. 31, 2021)	Year Born	Distance	Registration Fee
U8 Boys and Girls	U8B1, U8B2, U8B3, U8G1, U8G2, U8G3	5, 6, 7	2016, 2015, 2014	0.75 km	\$15.00
U10 Boys and Girls	U10B1, U10B2, U10G1, U10G2	8, 9	2013, 2012	1.5 km	\$20.00
U12 Boys and Girls	U12B1, U12B2, U12G1, U12G2	10, 11	2011, 2010	2.5 km	\$20.00
U14 Boys and Girls	U14B1, U14B2, U14G1, U14G2	12,13	2009, 2008	3.3 km	\$20.00
U16 Boys and Girls	U16B1, U16B2, U16G1, U16G2	14, 15	2007, 2006	2 x 3.3 km = 6.6 km	\$20.00
U18 Boys	U18B1, U18B2	16, 17	2005, 2004	2 x 5 km = 10 km	\$20.00
U18 Girls	U18G1, U18G2	16, 17	2005, 2004	2 x 3.3 km = 6.6 km	\$20.00
U20 Men and Women	U20M1, U20M2, U20W1, U20W2	18, 19	2003, 2002	2 x 5 km = 10 km	\$25.00
Senior Men and Women	SM, SW	20-30	1992-2001	2 x 5 km = 10 km	\$25.00
31 and Older Men and Women	31+M, 31+W	31+	1991 and Older	2 x 5 km = 10 km	\$25.00

SUPPORTERS

Teck



Vanderhoof, BC
250-567-6880



Bakkerij
Lobelle

PARTNERS

