

BC Cup



Teck

Media Release: Larch Hills Hosts Memorable Teck BC Cup #2

The Larch Hills Nordic Society (<https://skilarchhills.ca/>) hosted the second event in the 2022 Teck BC Cup Series at Larch Hills Ski Area, near Salmon Arm BC. This event ran February 12th and 13th and included a free technique sprint event on Saturday and an interval start classic technique event on Sunday. The challenging classic technique courses were designed by the event organizing committee, and included skiing up Roller Coaster and Ermine Frolic trails and then finishing with “The Beast”, which made for fun spectating. Distances varied from 1.0 km for the youngest athletes to 15 km for the older competitors.



Almost 500 Athletes, representing clubs from BC, Alberta, and the Northwest Territories, registered for the event. This marked the first major multi-club event at Larch Hills since early 2020, and competitors, volunteers and spectators alike were thrilled to be back out competing, socializing and enjoying the sunshine while participating in a healthy outdoor activity! While volunteers were a bit rusty having not held an event for so long, they rose to the challenge and everything came together for a great race weekend.



The first day of racing was separated into two parts, starting with a sprint qualifier in the morning. In the sprint qualifier, each competitor competed on a short course appropriate for their age category. It was a race against the clock to determine a seeding order for the sprints heats that were held in the afternoon. A faster time in the morning qualifier places athletes in a better position to reach the final.

Once the sprint heats start, two different formats are used. For younger athletes a “King’s Court” format, where there is no elimination, is used. This is great for younger kids as they get to race against 4 to 6 similar-age athletes multiple times without getting knocked out of the competition. Older athletes, on the other hand, face elimination rounds as they progress towards the final heat.

Full race results are available on Zone4: <https://zone4.ca/event/2022/48954CB0/>



Weather conditions were variable in the weeks leading up to the Teck BC Cup #2, with cold conditions, warm conditions and lack of snow right before the event. While near zero conditions with older snow means getting out the klister for waxing, everyone enjoyed the warm sunshine and blue skies on both days of the event. The final event in the series, the 3-day Teck BC Championships, takes place in Prince George on March 4-6th and Larch Hills' athletes are looking forward to another opportunity to see what they are capable of!

The Larch Hills Junior Race Team would like to extend a warm thank you to Teck Resources Limited, all the other event sponsors, the volunteers, athletes and Cross Country BC for making this event possible.

For more information please contact Cross Country BC or Brad Calkins with the Larch Hills Jr Race Team:

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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 27,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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