

BC Championships



Teck

CALEDONIA
N O R D I C • S K I • C L U B

EVENT NOTICE

Teck BC Championships

March 4-6, 2022

BC Cup Series / College University Series

EVENTS:

Friday, March 4th Start Time 10:00am
Mass start, Classic Technique

Saturday, March 5th Start Time 10:00am
Interval start, Free Technique

Sunday, March 6th Start Time 10:00am
Relay, Classic Technique

RACE LOCATION: Otway Nordic Centre, 8141 Otway Rd, Prince George, BC

HOST CLUB: Caledonia Nordic Ski Club – www.caledonianordic.com

EVENT WEBSITE: Teck BC Championships
(caledonianordic.com; Events tab; Cross Country Events)

SANCTIONED BY: Nordiq Canada and Cross Country BC

RULES: [FIS ICR – CCR \(Canadian Competition Rules\) Precisions 2021](#)

TECHNICAL GUIDELINES: [Teck BC Cup Technical Guidelines](#)

INFORMATION:

Chief of Competition:
Competition Secretary:
Chief of Timing:
Chief of Course:
Chief of Stadium:
Technical Delegate:

Sally Connon chief_competition@caledonianordic.com
Robin Ditto raceoffice@caledonianordic.com
Tracy Sapergia
Bill Warner
Andrew Watkinson
Val Wootton

REGISTRATION: Registration is online only via [Zone4](#). Fees payable by credit card only. GST will be added at checkout.

*****Coaches and Managers should register (no fee) to receive notices.*****

Registrants are responsible to verify the accuracy of their entries. Any corrections should be reported to the Competition Secretary.

RACE ENTRY: **Deadline for registration is 11:59pm on Tuesday, March 1st.**
Late entries will not be accepted.

Relay Team registration deadline is Noon on Saturday, March 5th.

Contact the Race Secretary with issues regarding registration or to report any corrections that need to be made.

COVID POLICY: Proof of Vaccination for all participants, including coaches and support teams, is required at registration.

The full covid policy is posted on the event [web page](#). It is essential that all participants (racers, coaches, officials, support staff, wax techs, parents, drivers, etc.) read the plan and understand it.

Please be aware that Public Health Orders may change, and participant requirements may be altered. Please consult the event website regularly for updates.

A Covid update will be provided at the Team Captains Meeting.

REFUND POLICY: Competitors who withdraw for medical reasons will be refunded, less administrative fees, provided notice and medical documentation are submitted to the Competition Secretary before the entry deadline. After entry deadline, no refunds will be given unless the event is cancelled and then, refunds will be provided to all competitors less administrative fees and incurred event expenses. There are no refunds for day of race cancellations due to weather.

The event will be held in accordance with the Public Health Orders of the Province of BC and Northern Health in force at the time of the event. These orders may include the requirement to produce proof of vaccination. Failing to meet the requirements of Health Orders will not be grounds for a refund of fees.

LICENCES: In all races except the relays, participants registered in the **U14 through to the Masters** categories are required to hold a current FIS Licence, Nordiq Canada Licence, a National Ski Licence from another nation or a Nordiq Canada Supporting Member Day Licence (SMDL).

U12 and younger categories do not require a licence to compete but must be members in good standing of a Nordiq Canada affiliated club.

Nordiq Canada Race Licences must be ordered in advance from Nordiq Canada at: <https://nordiqcanada.ca/races/racing-license/>.

***Competitors in the **U14 through Masters categories** who do not hold a valid license must purchase a Nordiq Canada Day Licence. The day licence can be purchased during on-line registration for \$5 per day of racing and is automatically calculated at checkout.

A race licence is NOT required to participate in the relay.

SEEDING: If two or more age categories of the same gender are skiing a common distance (with the exception of the Masters categories) they will be seeded together for CPL point calculation purposes. These categories will be combined in the start list but separated in the results.

Categories that do not require a race licence will not be seeded, start order will be by random draw.

START LISTS: Start lists for the Friday's race will be posted on Zone4 and on site by noon on Thursday, March 3rd. Start lists for Saturday's race will be posted on Zone4 and on site as soon as possible after Friday's results are posted. Start lists for Sunday's relay will be posted as soon as possible after relay registration closes.

START AREA: Athletes are requested to bring their own reusable bags for clothing/gear storage at the start area. Drawstring athletic bags are a good choice. Don't forget to indicate your name and club!

Start Time: 10:00 am each day Location: Otway Nordic Centre

		Friday, March 4		Saturday, March 5		Sunday, March 6	
		Mass Start, Classic		Interval Start, Free		Relay, Classic	
		10 am start		10 am start		10 am start	
Category	YOB	Boys	Girls	Boys	Girls	Boys	Girls
U8	2016-2014	1.0 km		1.0 km		U10 Relay 1.0 km	
U10	2013/12	2.0 km		2.0 km (2 x 1.0 km)			
U12	2011/10	2.4 km (2 x 1.2 km)		2.4 km (2 x 1.2 km)		U14 Relay 2.0 km	
U14	2009/08	3.3 km		4.6 km (2 x 2.3 km)			
U16	2007/06	10.0 km (2 x 5.0 km)	7.5 km (2 x 3.75 km)	7.5 km (2 x 3.75 km)	5.0 km	U20 Relay 3.0 km	
U18	2005/04	10.0 km (2 x 5.0 km)					
U20	2003/02						
U23	2001-1999						
Senior	1998-1992						
Masters	1991 and older			10.0 km (2 x 5.0 km)		Open Relay 3.0 km	
Para Nordic	Open	TBD		TBD	TBD		

AGE CATEGORIES: YOB, ages, and categories can be seen at:
<https://www.crosscountrybc.ca/2021-22-teck-bc-cup-series-regional-cup-series-%E2%80%93-yob-ages-categories>

RELAY:

Each relay team is comprised of 3 skiers. There are 8 relay categories:

- U10 Boys (Age 9 & under)
- U10 Girls (Age 9 & under)
- U14 Boys (Age 10 to 13)
- U14 Girls (Age 10 to 13)
- U20 Men (Ages 14 to 19)
- U20 Women (Ages 14 to 19)
- Open Men: U23, Senior & Masters Men (Ages 20+)
- Open Women: U23, Senior & Masters Women (Ages 20+)
- Para-Nordic: Open

Relay Rules :

- Younger skiers may ski in an older age group, but not the reverse.
- An official relay team must have three (3) team members from the same club.
- Club status is determined by (a) the Nordiq Canada Licence Policy (for licenced competitors) or (b) the first club that an individual registered with in a given season (for unlicensed competitors).
- Club Championships Trophy points will not be awarded to unofficial teams.
- A maximum of one female skier may compete on either an official male relay team or an unofficial male relay team, but not the reverse.
- Medals will be awarded to all three members of each of the top three (3) finishing official teams for each relay age category.

The no-fee relay registration for pre-registered athletes will be open from Sunday, February 27th to 12 noon Saturday, March 5th, on [Zone4](#).

Any changes to teams, including team names or order of skiers, must be submitted to the race office by 1:00 pm Saturday afternoon.

RACE FEES:

For March 4th and 5th:

- U8: \$10.00
- U10/U12/U14: \$15.00
- U16/U18/20: \$20.00
- U23-Senior: \$25.00
- Masters: \$30.00
- Para-Nordic: \$25

For March 6th relay:

- \$12/racer (\$36/team)

RACE OFFICE & BIB PICK UP:

The Race Office will be located in a hut at the southeast corner of the main parking lot, against the biathlon range wall. Bib pickup will be by Club.

	Thursday March 3	Friday March 4	Saturday March 5	Sunday Feb 2
Open	Noon – 3:00pm	7:30am – 4:00pm	7:30am – 4:00pm	7:30am – 3:00pm
Bib Pick Up	-----	8:30am – 9:30am	8:30am – 9:30am	8:30am – 9:30am

Timing chips will be picked up near the start line. Athletes should allow sufficient time prior to their start.

TEAM CAPTAINS MEETING:

A Team Captains Meeting will be held on Wednesday, March 2, at 7pm, via Zoom. The link will be sent to all registered coaches and managers.

COLD WEATHER PROVISIONS:

Races will be cancelled or postponed if temperature conditions are unsuitable at start time. Notice will be posted on the event webpage.

Per ICR/CCR Rule 315.9: For Canadian competitions: With air temperatures below -20°C (temperature measured at the coldest point of the course and without wind factor) and competition distances less than or equal to 15 km, the Jury must postpone or cancel the competition. With competition distances greater than 15 km and temperature less than -18°C without wind factor, the Jury must postpone or cancel the competition.

For U12 age groups, with air temperatures below -15C (temperature measured at the coldest part of the course and without a wind factor), the Jury must postpone or cancel the competition.

With any difficult weather conditions (e.g. strong winds, high air humidity, heavy snow, icy track conditions) at any air temperature, the Jury may, on consultation with the Team Leaders of the participating teams and the doctor responsible for the competition, postpone, cancel or shorten the competition.

WEATHER:

[Current on-site weather](#) conditions and temperatures can be found on the host club website. For local area conditions visit environment Canada [weather page for Prince George](#).

WAXING:

Outdoor waxing outlets with enough electrical power for waxing purposes are available at the race site. Waxing shelter will be available but space will be limited. Watch the event page for further updates.

CCBC Protocol Regarding the Use of Fluorinated Waxes

Cross Country BC respectfully requests all coaches, athletes, wax technicians and parents to abide by a self-governed protocol while waxing skis for identified races taking place in British Columbia. This also applies to coaches, athletes, wax technicians and parents traveling to British Columbia from out-of-province or out-of-country.

Waxing protocol:

- Structure tools ARE permitted.
- Only identified non-fluoro (NF) glide waxes are permitted (refer to Appendix A for the allowable wax list).
- Fluorinated grip waxes ARE permitted.

At BC Cup races (including the BC Championships) the protocol applies to ALL age categories.

Complete protocols:

<https://www.crosscountrybc.ca/sites/default/files/documents/CCBC%20Fluoro%20Policy%202021%20final.pdf>

**WARM UP/
WAX TESTING:**

Warm up and wax testing areas are provided. A map showing their locations will be posted to the website and at the club.

RACE COURSES:

Courses will be marked and tracks set for practice by noon on Thursday, March 3rd.

COURSE MAPS: Course maps will be posted at the on the event website as soon as they become available, and at the Otway Nordic Centre, by noon on Thursday, March 3rd.

FACILITIES: The day lodge is not available due to Covid-19 restrictions. Porta-potties will be available on site.

FOOD & DRINKS: Finish Line: Snacks and drinks will be provided.

There will be no concession on site. Please come prepared with your own snacks and lunch.

TRAIL FEES: Trail fees are waived for all competitors and coaches on each race day and the official training day Thursday, March 3rd.

CLUB TROPHY: The BC Championships is also an annual club competition. Each participating CCBC club accumulates points and the club with the most points is awarded the Club Championship trophy. Points are awarded to the top 5 finishers on Saturday and the top 5 official relay teams on Sunday. See Technical Package for complete details.

AWARDS: **Awards will be presented as soon as possible after posting of final results.**

- U8: Teck participant ribbons for all
- U10 to U16: Teck medals for top 3 finishers by YOB; Teck ribbons for 4th and 5th place finishers by YOB
- U18 and U20: Club medals for top 3 finishers by YOB
- U23: Club medals for top 3 finishers by category
- Seniors: Club medals for top 3 finishers by category
- Masters: Club medals for top 3 finishers in each 10 year category

The relay awards and Club Championship Trophy will be presented immediately after Sunday's competition has been completed.

AWARDS EVENT: An outdoor awards event for the BC Cup Aggregate Awards and Club Championship Trophy will be held at Otway Nordic Centre, on Saturday evening, March 5th. Details will be posted on the [event website](#). There will be lots of room for everyone! Don't miss out!

Tickets are \$20 each and can be purchased during race registration. Parents, friends and family members are welcome to purchase tickets. Tickets will be refunded if Covid restrictions prevent the event from taking place.

Deadline for ticket purchase is 11:59pm on Tuesday, March 1st.

Tickets will be distributed by Club at bib pickup on Saturday, March 5th.

**COLLEGE/
UNIVERSITY
AWARDS
PROGRAM:** Stussi Sport is once again sponsoring the College / University Aggregate Awards Program. Almost \$1,400 in prizes are up for grabs! More information at:

<https://www.crosscountrybc.ca/college-university-aggregate-awards-program>



AIRPORT: Prince George Airport (www.pgairport.ca) is serviced by Air Canada, WestJet, Central Mountain Air, and Pacific Coastal Airlines.

**ACCOMODATION/
AMENITIES:**

Visit Tourism Prince George for more information on services and amenities
Phone: 250-562-3700
toll free: 1-800-668-7646
email: tourism@initiativespg.com
website: www.tourismpg.com

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