

**Regional Camp
Coast**



Teck

Teck Regional Spring Snow Camp (Coast VI Region) *Good Times on an Island, Snow, Oasis!*

FOR IMMEDIATE RELEASE
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Mt. Washington, BC – Blessed with an abundance of snow, the Teck Regional Spring Snow Camp went off without a hitch this past weekend. With 15km of trails, groomed for skate and classic courtesy of Mount Washington Alpine Resort, a group of Track Attack skiers and a group of Junior Racers were able to enjoy the start to the new season on May 8th and 9th with two days of good times on snow.

Athletes honed their ski skills during two technique sessions, a sprint session and a long-distance ski to the top of the Boomerang Chair. Between sessions skiers rejuvenated themselves with some stretching and rolling and also had the opportunity to chat with club members Amelia Wells and Gabe Gledhill, now skiing with the Alberta World Cup Academy and the Britain National Team, respectively. Amelia and Gabe shared their thoughts on lessons learned and opportunities gained in a candid conversation about their respective journeys and passion for skiing.



Camps would not be possible without a keen group of coaches and supportive parents. Their flexibility in successfully navigating all health and safety protocols was tremendous and much appreciated. Thank you also to Teck Resources Limited for their continued support of skier development.



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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.

For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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