December 9<sup>th</sup>, 2014 FOR IMMEDIATE RELEASE

## **Kicking 'Horsepower' in Golden**

This past weekend the Golden Nordic Ski Club hosted the first Teck Kootenay Cup of the season which proved to be a snowy success! Thanks to fantastic early season grooming by our esteemed head groomer and a new Bombardier 275, the courses were immaculate for the free technique individual start race. Course distances ranged from



600m for Atoms to 7.5km for Open Men. The duration of the races were long enough to get the heart pumping but also short enough to allow for quick recoveries this early in the season. Fast technical descents and the 'Super Charger Headwall' climb proved difficult for those Open Men and Women having to do three punishing laps. In attendance were clubs from; Fernie, Invermere, Revelstoke and Golden.

While we had fewer than expected participants, in large part due to rescheduling of other regional events due to lack of snow, our race date brought together eager clubs and athletes with a passion for the sport. Far and away the biggest surprise was the newly crafted Fernie Nordic Race Team. With their sharp race suits and warm ups, to their top notch coaching team, they will be a force to be reckoned with in the future.

Ultimately, participants arrived with huge grins and left with equally large smiles. Thank you to Teck Resources Limited as the title sponsor for our event, the medals we're a huge hit.



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