



Overlander Ski Club prepares to host Teck Okanagan Cup

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For Immediate Release

(Kamloops BC) - Stake Lake trails will be a hub of activity once again this winter with a full slate of cross country ski racing from regional races to masters championships and the annual Loppet.

January 10th, 2015 kicks off the first day of competition when the Overlander Ski Club (OVSC) will host a Teck Okanagan Cup, the fifth race out of seven days of competition in the series. Athletes of all ages will take part in the day of cross country ski racing action. Start time is 11:00am Saturday.

Participants will be vying for individual results and club points earned through participation and placement. Top five finishers in Pee Wee category to first year Juvenile (14 years) will be awarded Teck medals and ribbons. Cross Country BC tracks the accumulated points for each club through the Teck Okanagan Cup Series and presents the club with the most points the Teck Club Aggregate Award at the series finale. The final races of the series will be hosted at the Nickel Plate Nordic Centre near Penticton on January 31st - February 1st weekend.

The OVSC race committee is looking forward to hosting the Individual Start Free Technique race on Saturday, January 10th, 2015 at the beautiful Stake Lake ski trails just 20 minutes south of Kamloops on the Lac Le Jeune Road. Members of the OVSC Junior race team and volunteers will be hosting an on-site concession at the stadium with nutritious snacks and lunches provided by Jill's Café and Catering of Kamloops, BC.

Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.

For further information, please contact:

Overlander Ski Club

Tammy McDonald

250-672-0121

tcamcdonald@telus.net

Cross Country BC

Angela Wu

250-545-9600

office@crosscountrybc.ca



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