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# Skiers brave cold at BC Teck Cup





posted Jan 13, 2015 at 4:00 PM



Cross country skiers Cole Turner (from left), Cooper Seabourne, Grace Turner, Lisa Seabourne and Livia Seabourne competed at the BC Teck Cup Jan. 3-4. — Image Credit: Photo Submitted

something to cheer for and to talk about.

Frigid temperatures didn't deter five members of the Williams Lake Cross Country Ski Club from giving it their all Jan. 3-4 during race one of the BC Teck Cup in Prince George.

"This was a two-day race at Otway, which has been recently upgraded to host the Canada Winter games coming up in February," said Lisa Seabourne who, alongside Grace Turner, Livia Seabourne, Cooper Seabourne and Cole Turner, competed at the event.

"It was a great opportunity to see and try out the upgraded national level ski trains and new

On Saturday Grace brought home a fifth-place finish in the pee wee 400-metre classic sprint.

Livia and Cooper, meanwhile, came in second and fifth, respectively, in the atom 200-metre classic sprint.

Cole competed in four exciting events, Lisa said, in the 400-metre sprint providing spectators



Russell Wilson: 'I live for these moments'



Russell Wilson: 'I live for these moments



Sherman: 'We try to play the old school way'



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"He finished fifth in the qualifying round and then proceeded to dominate the next to sprint heats," Lisa said.

"During the 'A' final sprint he was initially first and then fell allowing the two other competitors to pass him, but he made up time on the hill and was then caught in a tangle of skis but was able to finish in third overall."

Lisa added coaches from other race teams competed on how fast Cole's recovery speed was up the steep hill.

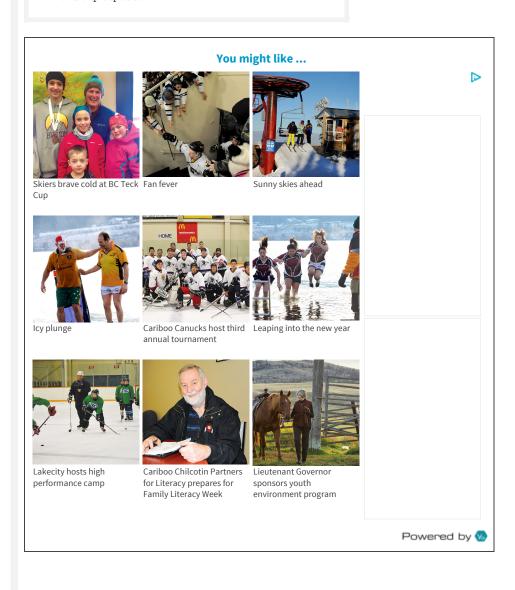
On Sunday, despite -18C temperatures, Cole finished in third place in the 3.3-kilometre free skate.

Lisa also completed the 7.4-kilometre free skate.

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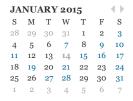
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