

Teck Regional Snow Camp (Kootenay Region) *Unique Experience for Athletes AND Coaches!*

FOR IMMEDIATE RELEASE
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Invermere, BC – The Teck Regional Snow Camp took place on November 22nd to 24th at Panorama Ski Resort. The Toby Creek Nordic Ski Club hosted 53 athletes from Fernie, Golden, Kimberly and Invermere.

With the skilled leadership of Graham Maclean and Ted Bigelow, the camp focused on athletes 9 to 14 years of age in the Long-Term Athlete Development Learning to Train stages of development. New this year, the camp was held in conjunction with a master's program, truly a sport for life. Amongst the skating and classic technique refinement, athletes participated in numerous ski games with an emphasis on keeping skiing fun, encouraging team mates, making new friends, leadership and managing adversity.

The camp was a unique experience for athletes and coaches alike who were shuttled up and down the ski lifts to the 2450m (8038ft) summit of Panorama. Perfectly groomed skate and classic tracks met the athletes that travelled along outback ridge to the “Monster” Plateau teaching grid and trails. The Nordic trails and world class vistas provided the athletes with an exclusive environment for technique development and competition preparation.





A huge thank you goes out to the Panorama Mountain Resort team whose vision and determination provided an outstanding high-altitude Nordic ski success. Also, a big thank you to all of the coaches, volunteers, and athletes for making this third camp a success and to our sponsor Teck Resources Limited for their continuous support.

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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.

For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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