

# Northern Cup



# Teck



## **RACE NOTICE** **2015 TECK NORTHERN CUP #4** **Nechako Nordics**

**DATE:** Saturday, February 14, 2015

**LOCATION:** Nechako Valley Sporting Association Trails, Vanderhoof, B.C.

**HOST CLUB:** Nechako Nordics Cross Country Ski Club

**RULES:** CCC rules and regulations

**HOST CLUB INFORMATION:**

Chief of Competition: Wanda Nemethy (250) 567-5324 [wnemethy@sd91.bc.ca](mailto:wnemethy@sd91.bc.ca)

Competition Secretary: Richard D. Burkholder (250) 567-9000 [bur9000@telus.net](mailto:bur9000@telus.net)

Chief of Timing: Sonya Zurevinski

Chief of Course and Chief of Stadium: Gerd Erasmus

**ELIGIBILITY:** Skiers must be a member in good standing of a CCC/CCBC club.

**This race is designed to appeal to racers of all levels**, from children and their parents just starting out to advanced racers.

**LICENCES:** No race license is required


**RACE REGISTRATION:** Registration and fee payment is ON-LINE only at: [Zone4 Registration](#)  
Credit card payment is required. **Check the Zone4 confirmation list for this event (available from the online registration section of Zone4) to be sure that you have registered correctly!**

**DEADLINE:** Entries must be received by Wednesday, **February 11, 2015** at 9:00 p.m.

## NO LATE ENTRIES WILL BE ACCEPTED

**DRAW:** Friday, February 13, 2015, posted at [www.zone4.ca](http://www.zone4.ca)

**START LISTS:** Start lists will be posted on Zone4 and be available Saturday morning after 8:30 a.m. at the bib pickup.

**BIB PICKUP:** Bib pickup for the race will be at the Nechako Valley Sporting Association Club House 6 km West of Vanderhoof (turn North on Redmond Pit Road and follow the  signs) between 9:00 a.m. and 10:15 a.m. on Saturday, February 14, 2015.

**Bibs must be picked up by 10:15 a.m.**

**AWARDS:** An awards ceremony will be held on site following the race. In addition to the medals and ribbons there will be lots of draw prizes to give away!

### INDIVIDUAL AWARDS:

<b>Category</b>	<b>Age</b>	<b>Awards</b>
Atoms	7 & under	Teck participant ribbons for all
Pee Wee (first year)	8 years	Teck 1 to 5 ribbons for top 5 finishers; Teck participant ribbons for all others
Pee Wee (second year)	9 years	Teck medals for top 3 finishers; Teck ribbons for 4 <sup>th</sup> and 5 <sup>th</sup> finishers
Bantam (first year)	10 years	Teck medals for top 3 finishers; Teck ribbons for 4 <sup>th</sup> and 5 <sup>th</sup> finishers
Bantam (second year)	11 years	Teck medals for top 3 finishers; Teck ribbons for 4 <sup>th</sup> and 5 <sup>th</sup> finishers
Midget (first year)	12 years	Teck medals for top 3 finishers; Teck ribbons for 4 <sup>th</sup> and 5 <sup>th</sup> finishers
Midget (first year)	13 years	Teck medals for top 3 finishers; Teck ribbons for 4 <sup>th</sup> and 5 <sup>th</sup> finishers
Juvenile (first year)	14 years	Teck medals for top 3 finishers; Teck ribbons for 4 <sup>th</sup> and 5 <sup>th</sup> finishers
Juvenile (second year)	15 years	Awards for top 3 finishers
Junior Boys	16-17 years	Awards for top 3 finishers
Junior Girls	16-17 years	Awards for top 3 finishers
Junior Men	18-19 years	Awards for top 3 finishers
Junior Women	18-19 years	Awards for top 3 finishers
Open Men	20-29 years	Awards for top 3 finishers
Open Women	20-29 years	Awards for top 3 finishers
Masters Men	30 years+	Awards for top 3 finishers
Masters Women	30 years+	Awards for top 3 finishers

**TEAM AGGREGATE AWARDS:**

Club points are accumulated for each skier who successfully completes the race. Cross Country BC will post the aggregate points earned by participating clubs as they accumulate throughout the season. The winner of the Club Aggregate Award will be the club with the most points. **As this is the 4<sup>th</sup> and last race in the Teck Northern Cup the Club Aggregate Award will be presented immediately after the race has been completed.**

Details	Points
No. of participants in an interval start race	1 point per participant
Top 5 placing in each category	7 (for first place), 6, 5, 4, 3 points
If there are less than five competitors in a category, the points will still begin at 7 points for 1 <sup>st</sup> place, 6 points for 2 <sup>nd</sup> place, etc.	

**FACILITIES:** A clubhouse with washrooms is located adjacent to the Nechako Valley Sporting Association trails.

**PARKING:** There is limited parking adjacent to the Nechako Valley Sporting Association clubhouse. Over flow parking is available along Quail Drive (the access road to the Nechako Valley Sporting Association trails).

**WAXING:** Participants must come to the race with skis already waxed as there are no power outlets available for waxing.

**WARM UP/WAX TESTING:** A warm up area will be available in the vicinity of the race start.

**COURSES:** Course maps for all the race categories will be posted outside the clubhouse on race day.

**CONCESSION:** All racers will be provided with a free hot lunch. For supporters/spectators a food concession will be available at the clubhouse.

**ACCOMMODATION AND DINING:** For accommodation and dining opportunities in the Vanderhoof area please view the Vanderhoof Chamber of Commerce business directory: [Vanderhoof Chamber of Commerce Directory](#)

**CANCELLATION:** There are no refunds of any kind once a racer registers and then subsequently withdraws from the race or does not show up for the race. If the organizers are required to cancel the race due to weather or other unforeseen circumstances, then full refunds will be issued with the exception of any online processing fees.

# RACE SCHEDULE

## INTERVAL START – FREE TECHNIQUE

**Date: Saturday, February 14, 2015: Teck Northern Cup #4**

Location: Nechako Valley Sporting Association Trails, Vanderhoof, B.C.

Start Time: 11:00 a.m.

Category	Sub Category	Age (on Dec. 31, 2013)	Year Born	Distance	Registration Fee
Atom Boys	AB1, AB2, AB3	5, 6, 7	2009, 2008, 2007	0.75 km	\$15.00
Pee Wee Boys	PB1, PB2	8, 9	2006, 2005	1.5 km	\$20.00
Bantam Boys	BB1, BB2	10, 11	2004, 2003	2.5 km	\$20.00
Midget Boys	MB1, MB2	12,13	2002, 2001	3.25 km	\$20.00
Juvenile Boys	JVB1, JVB2	14, 15	2000, 1999	5.0 km	\$20.00
Junior Boys	JB1, JB2	16, 17	1998, 1997	10.0 km	\$20.00
Junior Men	JM1, JM2	18, 19	1996, 1995	10.0 km	\$25.00
Atom Girls	AG1, AG2, AG3	5, 6, 7	2009, 2008, 2007	0.75 km	\$15.00
Pee Wee Girls	PG1, PG2	8, 9	2006, 2005	1.5 km	\$20.00
Bantam Girls	BG1, BG2	10, 11	2004, 2003	2.5 km	\$20.00
Midget Girls	MG1, MG2	12,13	2002, 2001	3.25 km	\$20.00
Juvenile Girls	JVG1, JVG2	14, 15	2000, 1999	5.0 km	\$20.00
Junior Girls	JG1, JG2	16, 17	1998, 1997	7.0 km	\$20.00
Junior Women	JW1, JW2	18, 19	1996, 1995	7.0 km	\$25.00
Open	OM, OW	20-29	1985-1994	10.0 km	\$25.00
Masters	MM, MW	30-39	1975-1984	10.0 km	\$25.00
Masters	MM, MW	40-49	1965-1974	10.0 km	\$25.00
Masters	MM, MW	50-59	1955-1964	10.0 km	\$25.00
Masters	MM, MW	60+	1954 and Older	10.0 km	\$25.00

# SUPPORTERS

## Teck

Omineca Ski Club

Stride and Glide Sports

Woody's Bakery

Vanderhoof Coop

Independent Grocer Store

Earthen Ware Ltd



# PARTNERS

