

Larch Hills Hosts Largest Teck Regional Camp in BC

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FOR IMMEDIATE RELEASE

(*Salmon Arm, BC*) – The Larch Hills Nordic Ski Club is taking over the sport of cross-country skiing in BC. Despite the relatively warm climates of the interior, the Larch Hills cross country ski club has seen consistent growth in size and also quantity of top-level results over the past few season.

So it is no surprise that they hosted the biggest Teck Regional Camp in BC last weekend. With more than 68 athletes, aged 9 to 16, from around the central interior attending, the club coaches and athletes whetted their appetites for winter as the temperatures dropped and summer ended.



The best part of the camp was the “amazing race” according to the participants. The event combined running and training activities in one fun challenge. “It was great to see all the kids working together to achieve a goal,” said Randi Ostby, volunteer coach and camp coordinator.

Telemark Nordic Club will host a Teck Regional Snow Camp from November 22-24, 2013 in Vernon. For more information on this camp, or to register, please visit the club website (<http://www.telemarkx-c.com/>).



Cross Country BC, the provincial sport governing body for cross-country skiing in British Columbia is a non-for-profit, club-based organization of more than 17,000 members. Cross Country BC

offers programs and services to support the continuous development of cross-country skiing for all ages and abilities, from introductory experiences to international excellence. Teck Resources Ltd. is the title sponsor of Cross Country BC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.

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Teck

