



## Campbell River's Stapff sprints to silver at BC's

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Despite the mild weather on the weekend the Strathcona Nordics Ski Club hosted the Teck BC Provincial Midget Cross Country Skiing Championships at Mount Washington. Twelve Nordic clubs including 128 athletes, ages 9-13 from across BC, took the pilgrimage to Vancouver Island to compete.

"The BC Midget's strikes the perfect balance of competition and fun,." said Tim McGrady, MC for the event and Strathcona Nordics coach. "This was evident in the spirit of the young racers."

Saturday, skiers competed in a classic technique 2 km race and in a four-person relay. Sunday, kicked off with 300m skate technique sprint qualifiers that set the stage for the competitive King's Court event. "Conditions were tremendous. Despite heavy rain, volunteers along with the fantastic support from Mount Washington staff created a course that was worthy of a provincial championship," added McGrady. "By race time on Sunday, the sprint course was in tiptop condition." The Larch Hills club from Salmon Arm took top spot to win the aggregate team award, followed closely by the local favorites the Strathcona Nordics. Hollyburn from Vancouver finished third. Clubs from Revelstoke, Pemberton, and Kelowna all had strong showings, and the host club was pleased to have racers come from Rossland, Prince George, Whistler, Squamish and Kamloops.

The following are Campbell River skiers on the Strathcona Nordics results: Emmy Stapff (2002 Girls -last time that she will be eligible to ski in the BC Midgets) -Classic 2 km fifth; Skate

Sprints -300m -Kings Court second.

Gavin Johnson (2003 Boys) -Skate Sprints fifth.

Anna Chatterton (2004 Girls) -Classic 2 km fourth; Skate Sprints fifth. Official race results are available at [crosscountrybc.ca](http://crosscountrybc.ca).

Cross Country BC, the provincial governing body for cross-country skiing in British Columbia, is a non-for-profit, club-based organization of more than 16,000 members. Cross Country BC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence. Teck Resources Ltd. is the title sponsor of Cross Country BC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future.

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