



CROSS COUNTRY BC

April 13th, 2016

Greetings **xxxxx**,

Congratulations on a successful ski season. As a result of your achievements the CCBC Athlete Development Committee has nominated you to the BC Development Squad (BCDS) for the 2016-2017 ski season.

The benefits and obligations for the BC Development Squad are outlined in Appendix A. The 2016 Cross Country BC provincial camp schedule is available on the website:

<http://www.crosscountrybc.ca/camp-trip-schedule>

When you have made your decision, please complete the BCDS Application Form (to confirm your intention to be a member of the BC Ski Team), BCDS Registration Form (online) and CCBC Athlete Code of Conduct Form. The BCDS Application Form and CCBC Athlete Code of Conduct Form can either be scanned and emailed to adcoord@crosscountrybc.ca or mailed to the Cross Country BC office c/o Dudley Coulter no later than April 29th, 2016. The \$200.00 team fee can be paid by credit card or cheque.

Sincerely,

Dudley Coulter

CCBC Athlete Development Coordinator

c.c. CCBC Athlete Development Committee

106 – 3003 – 30th Street · Vernon, BC · V1T 9J5 · Phone: 250-545-9600

E-mail: office@crosscountrybc.ca · Website: www.crosscountrybc.ca

Callaghan Valley Training Centre Website: www.cvtc.ca



Attachments:

- A - BCDS Benefits and Obligations
- B - BCDS Application Form
- C – BCDS Registration Form
- D – CCBC Athlete Code of Conduct Form

Appendix A

Benefits

Cross Country BC will provide athletes named to the BC Development Squad with the following:

- the opportunity to attend up to five BC Development Squad training camps on a cost sharing basis;
- sport eligibility for External Sport Credit – Athlete 11 [here](#)
- access to team clothing paid in full by athlete or partially by CCBC (currently undergoing review due to foreign exchange rate and other factors);
- support from Provincial Team coaches with respect to annual training plans (if required); and
- support from provincial coaches with respect to selecting and acquiring ski equipment.

Obligations

The BC Development Squad athlete will:

- follow a comprehensive annual training plan (a minimum of 300 sport-specific hours);
- submit their annual training plans to the Provincial Coach if requested;
- sign the CCBC Athlete Code of Conduct and to act in accordance with the Code of Conduct at all times - <http://crosscountrybc.ca/27-athlete-code-conduct>; and
- sign the BCDS Application Form and complete their commitments to the BC Development Squad.

Team Fee

Team fees for the 2016-17 ski year will be \$200.00. Please make the cheque out to Cross Country BC.

Camp Schedule

The 2016 camp schedule can be found [here](#).

Appendix B
BCDS Application Form
2016-17 BC Development Squad Expectations/ Requirements

<u>Category</u>	<u>Expectations</u>
Juvenile Boys/Girls	<p>Mandatory requirements for Juvenile Boy/Girl athletes</p> <ul style="list-style-type: none"> • Pay BC Development Squad registration fee of \$200 • Attend a minimum of 3 of the following: <ul style="list-style-type: none"> ○ May Camp – May 19-23, Whistler ○ Haig Glacier Camp – July TBD, Canmore, AB ○ CVTC Summer Camp – Aug 28-Sept 3, Whistler ○ Fall Dryland Camp – Sept 21-25, Revelstoke ○ Fall Snow Camp – Nov 3-7, Whistler • Attend a minimum of one NorAm race – the World Junior Trials, Western Canadians or NorAms (Vernon) during the 2016-17 ski season • Attend a minimum of two BC Cup weekends of races in 2017
Junior Boys/Girls	<p>Mandatory Requirements for Junior Boy/Girl athletes</p> <ul style="list-style-type: none"> • Pay BC Development Squad registration fee of \$200 • Attend a minimum of 3 of the following: <ul style="list-style-type: none"> ○ May Camp – May 19-23, Whistler ○ Haig Glacier Camp – July TBD, Canmore, AB ○ CVTC Summer Camp – Aug 28-Sept 3, Whistler ○ Fall Dryland Camp – Sept 21-25, Revelstoke ○ Fall Snow Camp – Nov 3-7, Whistler • Attend a minimum of one NorAm race – the World Junior Trials, Western Canadians or NorAms (Vernon) during the 2016-17 ski season • Attend a minimum of two BC Cup weekends of races in 2017

I wish to join the BC Development Squad. My parents are in agreement with this decision. By signing below, I am committing to the obligations as stated.

Athlete Name:

Athlete Email:

Home Club:

Club Coach Name:

Club Coach email:

Parent Name:

Athlete's signature: _____

Parent's signature (if under 18) _____

Date: _____