

Overlander Ski Club Hosts Successful Teck Midget Championships

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The 2020 Teck BC Midget Championships were hosted by the Overlander Ski Club at Stake Lake, BC February 22-23. The two day event attracted 222 young athletes, born 2007-2010 from across British Columbia and Washington State to compete in three events.

Saturday, February 22 started with an interval start classic technique event. All of the athletes skied the same two kilometer course at 15 second intervals. The temperature was just below freezing with a slight overcast in the sky. The course started fairly flat, then led to some medium –large climbing through the middle of the course, then downhill with tight turns, that led back to the stadium.

A lunch was provided to all of the athletes in the Athlete's Village as part of the event. This allowed all of the athletes to get fueled up for what provided to be one of the favorite events, the team relay. Each team consisted of four athletes, two legs of classic technique, followed by two legs of free technique over the 1.5 km course. All of the teams were encouraged to wear

costumes that were matching or themed with team names of course! The team relay was spectator friendly allowing for a lot of cheering as we watched in anticipation to see which team would cross the finish first!



The evening on day one was wrapped up by a banquet at the Grand Hall at Thompson Rivers University right in Kamloops. A fun time was had by all of the athletes. After dinner was completed, awards were presented for the classic technique race and team relays.

Day two seemed like it would be a lot cooler in comparison to day one. However, the temperature was just two degrees cooler. The athletes competed in free technique sprints. It was a 300 meter course which was Kings Court style. The course was a loop around the stadium, with a short uphill, right hand corner, then a downhill that led to some large humps, with another two tight corners that led to the final stretch! This event encouraged the most spectators in the stadium racing from the start line to the middle of the course, then back to the finish to cheer on their team mate, or racer!

Thank you to Teck Resources Limited and all of the sponsors for making this event happen. A large shout out to all of the volunteers – we couldn't have done it without you!



Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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