

Northern Cup



Teck



EVENT NOTICE

Teck Northern Cup #3

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Chris Dahlie Open

Sunday, February 24, 2019

- Race Format:** Free Technique, Mass Start
- Date/Time:** Sunday, February 24, 2019 - start at 11:00 am
- Race Location:** Bulkley Valley Nordic Centre (Hudson Bay Mountain Rd.)
- Directions and map:** <http://www.bvnordic.ca/trails-and-facilities/maps/>
- Hosting Club:** Bulkley Valley Cross Country Ski Club: <http://www.bvnordic.ca/>
- Information:** Chief of Competition Jennifer Plummer (250) 847-0314
Race Secretary: Trina Schley (250) 847-9778
- Rules:** CCC Rules and Regulations. Also refer to the Teck Northern Cup Series Technical Guidelines for additional details:
<http://www.crosscountrybc.ca/technical-guidelines>
- Race Entries:** By ZONE4: Access www.zone4.ca and locate this event in the online registration section to enter your information and pay by credit card. Any questions please contact: racesecretary@bvnordic.ca.
- Licenses:** Licenses are not required for this event
- Entry Deadlines:** Closing deadline for online registration is midnight Thursday, February 21, 2019.
- NO LATE ENTRIES WILL BE ACCEPTED**
- Draw:** Start lists will be posted online at <http://www.bvnordic.ca/events/teck-northerncup> the Saturday prior to the race and posted at the lodge on race morning.
- Bib Pick-Up:** Race day, 9:45 a.m. to 10:30 a.m., at the ski lodge.

- Awards:** Award presentations will take place immediately following the race. Awards for athletes 15 years and younger will be provided by Teck Resources Ltd. Awards for older athletes will be provided by BV Nordic.
- Concession:** Soup, bun and a drink will be provided to all racers. Spectators may purchase food. *NEW – Extra lunches can be pre purchased on Zone 4 at the time of registration.
- Waxing:** The Gary Murdoch Memorial Waxing Hut will be available for waxing. The CCBC Glide Waxing Protocol will apply to all categories: Cross Country BC respectfully requests all coaches, wax technicians, and parents abide by a self-governed protocol while waxing skis for athletes racing in the Midget age categories and younger. This request applies to all local, regional and provincial events taking place in British Columbia (e.g. Championships and the BC Winter Games). This request also applies to athletes traveling to BC from out-of-province or out-of-country.
The recommended glide waxing protocol is as follows:
- Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted
 - Medium Fluoro (MF) or High Fluoro (HF) glide waxes are NOT permitted
 - Pure Fluoro glide waxes (powders, pucks, blocks and liquid) are NOT permitted
 - Cold weather powder additives and hardeners are NOT permitted
- The adherence to this protocol is self-governed and is the responsibility of the coaches, parents and wax technicians.
- Accommodation:** For accommodations as well as other activities in Smithers please visit: <http://www.tourismsmithers.com/>
- Trail pass:** Registered racers can use trails for the day of the race. Spectators do not require a trail pass to watch the race. Family and coaches of racers from out of the Smithers-Telkwa area can request complimentary trail passes for the day of the race.
- Cancellation:** There will be no refund for participants who choose to not start their race. If race organizers cancel the race(s) due to unsafe weather conditions. A full refund will be made to participants with the exception of any online processing fees. Races will be cancelled or postponed if temperature conditions are unsuitable at start time.
- With air temperatures below -20°C (temperature measured at the coldest point of the course and without wind factor) and competition distances less than or equal to 15 km, the Jury must postpone or cancel the competition. For skiers born 2005 and later, with air temperatures below -15C (temperature measured at the coldest part of the course and without a wind factor), the Jury must postpone or cancel the competition.
- Race Routes:** Route maps will be posted at the lodge prior to the race and on the BV Nordic website.

RACE CATEGORIES & DISTANCES

Categories are based on the racer's age on December 31, 2018
Awards will be based on the categories below. Results will be grouped by category and will identify year-of birth.

CATEGORIES	Age	Year of Birth	Distance	Fee per Race
ATOM BOYS	5, 6, 7	2013,2012, 2011	.77 km	\$10
ATOM GIRLS	5, 6, 7	2013,2012, 2011	.77 km	\$10
PEEWEE BOYS	8, 9	2010, 2009	1.5 km	\$10
PEEWEE GIRLS	8, 9	2010,2009	1.5 km	\$10
BANTAM BOYS	10, 11	2008, 2007	2.5 km	\$10
BANTAM GIRLS	10, 11	2008, 2007	2.5 km	\$10
MIDGET BOYS	12,13	2006, 2005	5.0 km	\$15
MIDGET GIRLS	12,13	2006, 2005	5.0 km	\$15
JUVENILE BOYS	14,15	2004, 2003	7.5 km	\$15
JUVENILE GIRLS	14, 15	2004, 2003	7.5 km	\$15
JUNIOR BOYS	16,17	2002, 2001	7.5 km	\$15
JUNIOR GIRLS	16, 17	2002, 2001	7.5 km	\$15
JUNIOR MEN	18, 19	2000, 1999	7.5 km	\$20
JUNIOR WOMEN	18, 19	2000, 1999	7.5 km	\$20
OPEN MEN	20 - 29	1998, 1989	7.5 km	\$20
OPEN WOMEN	20 - 29	1998 – 1989	7.5 km	\$20
MASTERS MEN	30 - 39	1988 – 1979	7.5 km	\$20
MASTERS MEN	40 - 49	1978 – 1969	7.5 km	\$20
MASTERS MEN	50 - 59	1968 – 1959	7.5 km	\$20
MASTERS MEN	60 +	1958 & EARLIER	7.5 km	\$20
MASTERS WOMEN	30 - 39	1988 – 1979	7.5 km	\$20
MASTERS WOMEN	40 - 49	1978 – 1969	7.5 km	\$20
MASTERS WOMEN	50 - 59	1968 - 1959	7.5 km	\$20
MASTERS WOMEN	60 +	1958 & EARLIER	7.5 km	\$20
PARANORDIC STANDING	OPEN	OPEN	7.5 km	\$20
RECREATIONAL*	OPEN	OPEN	5.2 km	\$20

*easy participation route