

Coast Cup



Teck

Strathcona Nordic Ski Club Hosts Teck Coast Cups #5 and #6

Date: February 19, 2020

FOR IMMEDIATE RELEASE
(Courtenay, B.C.)



The Strathcona Nordic Ski Club hosted the final two races in the 2019-20 Teck Coast Cup race series on Saturday, February 15 and 16, 2020, at Mount Washington Resort. The groomed ski conditions were perfect with a little fresh snow, some mist and sunshine, and light winds.



Over 112 skiers from Strathcona Nordic Ski Club (Vancouver Island), Spud Valley Nordics (Pemberton), Hollyburn Cross Country Ski Club (Vancouver), Black Jack Ski Club (Rossland) and even as far away as Chile (Club Deportivo Cordillera) competed in the event over Family Day weekend. Racers ranged in age from 3 to 65 years old.

Photo credits Robbie J Stevens



The Coast Cup #5 on the Saturday was a Free Technique Interval Start race and Strathcona Nordic Ski Club swept the podium in many of the categories



Photo credit Robbie J Stevens; @robbiekemosabe

The Coast Cup #6 race on the Sunday was a Mass Start Team Sprint Relay on a rolling ski cross course featuring bumps, sharp corners and steep banked turns. Relay teams of two skiers completed three laps each on the fun but challenging course. Again, the Strathcona Nordic Ski Club swept the podium. Some of the youngest racers in the relay were even using the “Klaebo Klop” (running on skis) technique as they approached the finish line!



Photo credit Robbie J Stevens; @robbiekemosabe

Racers were pleased with the well-groomed trails and excellent snow conditions, and there were lots of happy faces all weekend.

Full race results for the Teck Coast Cups #5 and #6 can be found on Zone 4 at:

<https://zone4.ca/event/2020/ABD1E3FE/>



Photo credits Katherine Brandt

Out of the six coastal ski clubs, the Strathcona Nordics finished second in aggregate points for the Coast Cup Series sponsored by Teck Resources Ltd. Following the Team Sprint Relay race on Sunday, the Teck Coast Cup Series Club Aggregate Award was awarded to Hollyburn Cross Country Ski Club.

Many of the athletes are off to Stake Lake next weekend for the Teck BC Midget Championships (February 22, 23), to Fort St. John for the 2020 BC Winter Games (February 20-23) and to Ski Callaghan for the 2020 Coast Outdoors P'yakentsut (February 22.) We look forward to strong finishes in all those races which will involve hundreds of skiers from all over the province.

The Strathcona Nordic Ski Club is grateful to Mt. Washington Alpine Resort for the course grooming and providing logistic support and discounted tickets for the Coastal Cup ski races.

Thank you to the many hard-working and dedicated volunteers who did a great job in hosting a very successful race for over 112 skiers and their families on Family Day Weekend.

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Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the future. For more information on Cross Country BC, please visit www.crosscountrybc.ca.



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