

BC Cup



Teck

EVENT NOTICE TECK BC CUP #2 February 3 & 4, 2018

BC Cup Series / College University Series

- RACE EVENTS:** **Saturday, February 3rd Start time 9:00 am**
PricewaterhouseCoopers Sprints, Individual, Classic Technique
(Masters Men and Women – Interval Start Classic Technique)
Sunday, February 4th Start time 10:00 am
Nordic Forest Ltd. Interval Start, Free Technique
- LOCATION:** Otway Nordic Centre, Prince George BC
- HOST CLUB:** Caledonia Nordic Ski Club - www.caledonianordic.com
- EVENT WEBSITE:** [Teck BC Cup](#) – at the host club website under Events, then Cross Country
- SANCTIONED BY:** Cross Country Canada (CCC) and Cross Country BC (CCBC)
- RULES:** [FIS ICR – CCR \(Canadian Competition Rules\) Precisions 2017](#)
- COMPETITION COMMITTEE:**
- | | | |
|------------------------|------------------|--|
| Chief of Competition: | Jim Burbee | competitions@caledonianordic.com |
| Competition Secretary: | Jennifer Nasset | raceoffice@caledonianordic.com |
| Chief of Timing: | Luc Guilherme | |
| Chief of Course: | Bill Warner | |
| Chief of Stadium: | Andrew Watkinson | |
| Technical Delegate: | TBA | |
- REGISTRATION:** Registration is online at Zone4.ca fees payable by credit card only. GST will be charged at check out.
***Coaches/Managers, should register (no fee) to receive notices. ***
Registrants are responsible to verify the accuracy of their entries; any corrections should be reported to the Competition Secretary.
- Para-Nordic and Special Olympic categories will be included as requested.
Contact the Competition Secretary for more information or if you have trouble with the registration process
- RACE ENTRY:** Deadline for registration is January 31st 11:59pm PST
Late entries may be accepted until 3pm PST Feb 1st. A \$20 per race surcharge will apply.
- REFUND POLICY:** Competitors who withdraw for medical reasons will be given a refund, less administrative fees, provided notice and medical documentation are submitted to the Competition Secretary before the entry deadline. After entry deadline, no refunds will be given unless the event is cancelled. If the event is cancelled, refunds will be provided to all competitors less administrative fees and incurred event expenses.



THANK YOU TO OUR LOCAL SPONSORS

DAY 1 PRESENTING SPONSOR



DAY 2 PRESENTING SPONSOR



FUNDING PARTNER



HIGH FIVE SUPPORTERS



CRANBROOK CLIMB SUPPORTER



SATURDAY February 3, 2018 – Individual Sprint – CLASSIC Technique

Presented by PricewaterhouseCoopers

Start Time: 9:00 am

Location: Otway Nordic Centre

Masters athletes who wish to sprint should register in the Open category.

CATEGORY	AGE as at Dec 31, 2017	YEAR OF BIRTH	DISTANCE CLASSIC TECHNIQUE		FEE
			M	F	
<u>Atom Boys & Girls</u> AB1/AG1 AB2/AG2 AB3/AG3	5 6 7	2012 2011 2010	150m		\$10.00
<u>Pee Wee Boys & Girls</u> PB1/PG1 PB2/PG2	8 9	2009 2008			
<u>Bantam Boys & Girls</u> BB1/BG1 BB2/BG2	10 11	2007 2006	250m		\$15.00
<u>Midget Boys & Girls</u> MB1/MG1 MB2/MG2	12 13	2005 2004	450m		\$15.00
<u>Juvenile Boys & Girls</u> JVB1/JVG1 JVB2/JVG2	14 15	2003 2002	800m Orange		\$20.00
<u>Junior Boys & Girls</u> JB1/JG1 JB2/JG2	16 17	2001 2000	950m Orange		\$20.00
<u>Junior Men & Women</u> JM1/JW1 JM2/JW2	18 19	1999 1998			\$ 20.00
Open U23 Men & Women	22 & younger	1995 & later			\$25.00
Open 23+ Men & Women	23 & older	1994 & earlier	5.0 km blue		\$30.00
Masters Men & Women	30-39	1987 to 1978			
Masters Men & Women	40-49	1977 to 1968			
Masters Men & Women	50-59	1967 to 1958			
Masters Men & Women	60-69	1957 to 1948			
Masters Men & Women	70 & older	1947 & earlier			
Para-Nordic	Open		TBD	TBD	
Special Olympic	Open		TBD	No charge	



SUNDAY February 4, 2018 – Interval Start – Free Technique

Presented by Nordic Forest Ltd.

Start time: 10:00 am

Location: Otway Nordic Centre

CATEGORY	AGE as at Dec 31, 2017	YEAR OF BIRTH	DISTANCE FREE TECHNIQUE		FEE
			M	F	
<u>Atom Boys & Girls</u> AB1/AG1 AB2/AG2 AB3/AG3	5 6 7	2012 2011 2010	1 km Blue		\$10.00
<u>Pee Wee Boys & Girls</u> PB1/PG1 PB2/PG2	8 9	2009 2008	2.3 km Blue		
<u>Bantam Boys & Girls</u> BB1/BG1 BB2/BG2	10 11	2007 2006	2.5 km Blue		
<u>Midget Boys & Girls</u> MB1/MG1 MB2/MG2	12 13	2005 2004	5 km (2 x 2.5 km Blue)		\$15.00
<u>Juvenile Boys & Girls</u> JVB1/JVG1 JVB2/JVG2	14 15	2003 2002	7.5 km (2x 3.75 Red)	5 km Red	
<u>Junior Boys & Girls</u> JB1/JG1 JB2/JG2	16 17	2001 2000			15 km (3 x 5 Red)
<u>Junior Men & Women</u> JM1/JW1 JM2/JW2	18 19	1999 1998	\$20.00		
Open U23 Men & Women	22 & younger	1995 & later	\$25.00		
Open 23+ Men & Women	23 & older	1994 & earlier	\$25.00		
Masters Men & Women	30-39	1987 to 1978	\$30.00		
Masters Men & Women	40-49	1977 to 1968			
Masters Men & Women	50-59	1967 to 1958			
Masters Men & Women	60-69	1957 to 1948			
Masters Men & Women	70 & older	1947 & earlier			
Para-Nordic	Open		TBD	TBD	\$25.00
Special Olympic	Open		TBD	TBD	No charge



SPRINT FORMATS: The Sprint race will offer a qualification round (15 second intervals) for all age categories. The qualification round will be followed FIS elimination heats.

Heats will begin as soon as the organizers can prepare for them. Heats will be offered for age categories and small categories may be combined.

LICENCES: Competitors in **Midget, Juvenile, Junior and Open categories must have one of the following valid licences** to be eligible to race in the BC Cup.

- **CCC race licence**
- **CCC day licence** (\$5 per each day of racing)

CCC race licenses must be ordered in advance from CCC at: <http://www.cccski.com/Events/License-Applications.aspx> and cannot be issued by the race organizers. CCC race licences will be verified to ensure that they are current. Competitors in the **Bantam or younger, and Masters categories do not need a licence** to compete, but must be members in good standing of a CCC/CCBC club.

SEEDING: Competitors in the Senior and Junior Men categories and those in the Senior and Junior Women will be combined for seeding purposes and will compete as a single Open competition. The categories will be separated into Open and Junior for results and awards/prizes. The current Canada Points List (CPL) for both distance and sprint competitions will be used.

NEW IN 2017-18 *If two or more age categories of the same gender are skiing a common distance (for example, a 5km distance for both Juvenile Girls and Junior Girls) they need to be seeded together/combined for CPL point calculation purposes. The categories would then be combined in the start list, but separated again in the results.*

Categories that do not require a race licence will not be seeded, start order will be by random draw.

DRAW: Order of start will be determined by computer draw on the evening of Thursday February 1, 2018.

START LISTS: Start lists for the Saturday race will be available by noon, Friday February 2nd on Zone4.ca and at the Otway Nordic Centre. Start lists for Sunday's race will be available after awards presentations on Saturday.

RACE OFFICE AND BIB PICK UP: The Race Office will be located on the lower level of the Rotary Nordic Lodge, with entry through the Rental Office.

	Friday Feb 2	Saturday Feb 3	Sunday Feb 4
Open	Noon – 2:00pm	7:30am – 4:00pm	8:30am – 3:00pm
Bib pick up	-----	7:30am – 8:30am	8:30am – 9:30am

(heat bibs pick up time will be posted at the race office on race day)



COLD WEATHER PROVISIONS:

Races will be cancelled or postponed if temperature conditions are unsuitable at start time. Notice will be posted on the event webpage.

With air temperatures below -20°C (temperature measured at the coldest point of the course and without wind factor) and competition distances less than or equal to 15 km, the Jury must postpone or cancel the competition.

For skiers born 2005 and later, with air temperatures below -15C (temperature measured at the coldest part of the course and without a wind factor), the Jury must postpone or cancel the competition.

WEATHER:

[Current on-site weather](#) conditions and temperatures can be found on the host club website. For local area conditions visit environment Canada [weather page for Prince George](#).

CCBC Low-fluoro Glide Waxing Protocol:

Implementation date: January 1, 2017

Cross Country BC respectfully requests all coaches, athletes, wax technicians and parents to abide by a self-governed protocol while waxing skis for identified races taking place in British Columbia. This also applies to coaches, athletes, wax technicians and parents traveling to British Columbia from out-of-province or out-of-country.

Low-Fluoro glide waxing protocol:

- Structure tools ARE permitted
- Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted
- Medium Fluoro (MF) or High Fluoro (HF) glide waxes are NOT permitted
- Pure Fluoro glide waxes (powders, pucks, blocks and liquids) are NOT permitted
- Cold weather powder additives and hardeners are NOT permitted

The above low-fluoro waxing protocol applies to the following races/age categories:

- At BC Cup races (including the BC Championships) that are not combined with a NorAm or CCC/Canada Games selection races: the low-fluoro protocol applies to ALL age categories

Note:

If an athlete chooses to “race up” and compete in a different age category, the athlete is governed by the low-fluoro protocol in place for the category into which he/she races up.

Adherence to this protocol is self-governed and is the responsibility of coaches, athletes, parents and wax technicians.

WAXING:

Outdoor waxing outlets with sufficient electrical power for waxing purposes are available at the race site. Teams must supply their own tents. Indoor waxing areas will be made available if necessary due to cold.

No Heated Fluorocarbon Waxes to be applied indoors

**WARM UP/
WAX TESTING:**

Warm up and wax testing areas are located near to the waxing facilities near the stadium.

No wax testing allowed on the course during the competition.



RACE COURSES: All courses will be marked and tracks set for 9 am on Friday Feb 2nd.

COURSE MAPS: Course maps will be posted to the event website as soon as they become available and will be posted at the Otway Nordic Centre by Friday Feb 2nd at 1pm.

FACILITIES: A day lodge with a First Aid facility and indoor washrooms is on site. Portable toilets are located close to the parking and stadium area.

FOOD SERVICES: Finish line: Snacks and Gatorade sponsored by Save-On-Foods

Concession: **Ohh Chocolate Café & More** will have a concession on site serving hot foods, beverages and baked goods in the Rotary Lodge.

TRAIL FEES: Trail fees are waived for all competitors and coaches on each race day and the official training day Friday, February 2nd.


AWARDS: Awards will be presented as follows:

- Ages 7 and under receive Teck participant ribbons at the finish line.

At the end of the competition day:

- 8 years – Teck Ribbon for top 5 finishers; Teck participant for all others
- Ages 9-15: Teck medals for top 3 finishers, Teck ribbons for 4th and 5th
- Age 16-17: Club medals for top 3 finishers
- Medals for top three finishers in Junior, Open and Masters M/W categories

AIRPORT: Prince George Airport (www.pgairport.ca) is serviced by Air Canada, WestJet, Central Mountain Air and Pacific Coastal Airlines.

ACCOMMODATION:  is the host accommodation for 2017/18 Caledonia Nordic cross country events. Rates and booking codes can be obtained by clicking on the link below for the preferred property. **Date extended: Rooms must be booked by January 10, 2018.** Visit SandmanHotels.com for more information and to book.

[Sandman Signature Hotel](#)

[Sandman Hotel & Suites](#)

AMMENITIES: Visit Tourism Prince George for more information on services and amenities
 Phone: 250-562-3700 toll free: 1-800-668-7646
 email: tourism@initiativespg.com
 website: www.tourismpg.com

