



CAPITAL MARKETS

HAYWOOD



Race Notice

Haywood NorAm Western Canadian Championships

Peavey Mart Alberta Cup 5/6

January 18-21, 2018

- Events:**
- | | | |
|----------------------|----------|--|
| Thursday, January 18 | 9:00 AM | Official Training Day |
| Friday, January 19 | 9:00 AM | Individual Sprint - Free technique |
| Saturday, January 20 | 10:00 AM | Mass Start - Classic Technique; Para-Nordic 5km |
| Sunday, January 21 | 9:00 AM | Relay - Free Technique and
Masters Distance - Free Technique with Interval Start
Para-Nordic 2.5km |
- Location:** River Bend Golf and Recreation Area – Red Deer, Alberta.
- Directions:** From Highway 2, head east on Highway 11 (67 Street). At the traffic circle east of the river, go $\frac{3}{4}$ of the way around. Head north on 30th Avenue for 3km. River Bend is on the left.
- Hosted by:** [Parkland Cross Country Ski Club](#) and [Red Deer Nordic](#). Facebook: @2018Westerns
- Sanctioned by:** International Ski Federation (FIS), Cross Country Canada (CCC) and Cross Country Alberta.
- Event Website:** [Haywood NorAm Western Canadian Championships and Peavey Mart Alberta Cup 5/6](#)
(http://reddeernordic.ca/?page_id=1620) .
- Registration:** Registration and fee payment (credit card only) is online only at Zone4.ca. Be sure to follow through to the confirmation list to confirm accuracy of your registration.
- If you have any difficulty registering, please contact the **Competition Secretary:**
competitionsecretariat@gmail.com.
- Coaches/Team Managers, please register (no fee) in order to receive email notices and to reserve a coach bib.***
- Entry deadline:** Regular deadline is: Friday, January 12, 2018 at midnight MST.
Late deadline is: Tuesday, January 16th, 2018 at midnight MST.
- *** LATE REGISTRATIONS WILL INCUR An EXTRA FEE OF \$10/RACE (MIDGET AND ABOVE) OR \$5/RACE (MINI-MIDGET AND BELOW). LATE REGISTRANTS MAY NOT BE SEEDED. ***
- Relay team entry deadline is 12 Noon, Saturday, January 20, 2018.



- Rules:** [2017 Int'l Competition Rules \(ICR\) - Canadian Competition Rules \(CCR\) with 2017 Precisions highlighted V3 - Nov 2017.](#)
- Technical Guidelines:** For Midget, Juvenile, Junior Boy/Girl, Junior Men/Women and Senior Men/Women categories
[Haywood NorAm Series Technical Package - 2017-18 Season.](#)
 For Mini-midgets and younger, Masters, and Para-Nordic categories:
[Cross Country Alberta Technical Package.](#)
- Organizing Committee:**
- | | | |
|---------------------------|-----------------|--|
| Chief of Competition: | Tom Marr-Laing | chiefofcompetition@gmail.com |
| Competition Secretary: | Lisa Marr-Laing | competitionsecretariat@gmail.com
403-352-1900 |
| Chief of Timing: | Kelly Bogle | |
| Chief of Course: | Todd Ree | |
| Chief of Stadium: | Angus Carr | |
| Chief of Venue: | John Dickin | |
| Technical Delegate: | Mike Norton | mnorton@winsport.ca |
| Asst. Technical Delegate: | Pierre Millette | pmillette1@videotron.ca |
| CCC Race Director: | Dave Dyer | DDyer@cccski.com |
| CCA Race Director: | Mike Neary | manager@xcalberta.net |
- Jury:** The Jury will consist of the Chief of Competition, Technical Delegate, Assistant TD, and CCC and CCA Race Directors. At the discretion of the Jury, other experts may be invited to attend Jury Meetings as observers. Observers do not have a vote in Jury decisions.
- Licenses:** All skiers in the **Midget, Juvenile, Junior** and **Open** categories must have a current CCC, FIS or other National Ski Federation racing license to register. If a skier is licensed by both FIS and CCC, both license numbers must be listed on the registration. CCC has introduced a Development License for Midgets that allow Midgets to earn Canada Points in Midget categories. Skiers not licensed by FIS, CCC or other National Ski Federation must purchase a CCC day license during registration at a cost of \$5 per day.
- *** only skiers with FIS licenses are eligible to receive cash prizes *****
- Seeding:** Seeding will be in accordance with Section 6.9 of the [Haywood NorAm Series Technical Package - 2017-18 Season](#). Competitors in the Senior Men and Junior Men and those in the Senior Women and Junior Women categories will be combined for seeding purposes and will compete as a single Open competition. The categories will be separated into Open and Junior for results and awards/prizes.
- The current Canada Points List (CPL) for both distance and sprint competitions will be used (cccski.com/Events/Points.aspx). Foreign skiers will be seeded with reference to their Canadian points. Midget skiers holding a CCC racing licence will receive preferred seeding in all races. There will be no seeding for Mini-midget and younger or for Masters categories and order of start will be by random draw.

**Entry Fees
(per individual,
per race)**

Category	Fees* (per individual, per race)		
	Friday and Saturday Races		Sunday Races†
	Regular	Late	
	Jan 12	Jan 16	(same deadlines)
Atoms, Pee Wee	\$20	\$25	\$15
Mini-Midget	\$20	\$25	\$20
Midget	\$35	\$45	\$20
Juvenile	\$35	\$45	\$25
Junior B/G	\$40	\$50	\$25
Junior M/W, Senior M/W	\$45	\$55	\$30
Masters, Para-Nordic	\$45	\$55	\$45
Bob Johnstone Sport (Novice) – under age 16	\$20	\$25	N/A
Bob Johnstone Sport (Novice) – age 16 and older	\$40	\$50	N/A

*Additional Zone4 Processing, GST and credit card fees will apply at checkout.

†Sunday Relay fees for individuals are 1/3 of Relay Team entry fee (3 person teams).

Refunds:

Competitors who withdraw for medical reasons will be given a refund less administrative fees provided notice and medical documentation are submitted to the Competition Secretary before the entry deadline (Friday, January 12th, 2019 at midnight MST). After entry deadline, no refunds will be given unless the event is cancelled (see "Cancellation").

Start Lists:

Start lists will be posted online at Zone4.ca and the event website as soon as possible following the Team Captains Meetings on the evening before each race.

Team Captains

TCM meetings will be held at 7pm each evening Thursday, January 18th through to

Meetings:

Saturday January 20th at the River Bend clubhouse. All team captains or coaches are encouraged to attend to ensure their athletes' entries are correct and complete prior to creation of Start Lists.

**Race Office Hours,
Bib pick up:**

Wed-17	Thurs-18	Fri-19	Sat-20	Sun 21
1:00-4:00	9:00-4:00	7:30-4:00*	8:30 – 4:00	7:30-4:00

*Heat bibs pick up time(s) will be announced at the Thursday night TCM.

Sprints:

Sprint qualifier round will be held for Open to Midget categories starting at 9am on Friday, January 19, 2018. Subject to the number of registrations, the Midget qualifier may run separately later in the day and the Atoms to Mini-Midgets categories may run Kings Court Friday afternoon without a qualifier round.

Relay Race:

There are 5 relay categories for each of Male and Female. Teams are composed of athletes from the same Division and may combine categories as follows:

- Atoms + Pee Wees (3 x 1 km)
- Mini-Midgets + Midgets (3 x 2km)
- Juveniles (3 x 3.3km)
- Junior B/G (3 x 3.3km)
- Junior M/W + Senior (M:3 x 5km; W: 3 x 3.75km)

Prizes awarded for top three finishing Division teams in each Relay category. Awarding of points will be by Division down to the top 5 per division. Unofficial teams are allowed to race but will not be counted for aggregate points purposes.

Relay team registration for pre-registered athletes will be open from Wednesday, January 17 until noon Saturday, January 20, 2018. Relay Team registration fee is as per following table. The link to online relay registration will be emailed to all registered coaches and also available on the event website.

Relay Category	Fee per team
Atoms + Pee Wees (3 racers per Club or Unofficial team)	\$45
Mini-Midgets + Midgets (3 racers per Division or Unofficial team)	\$60
Juveniles (3 racers per Division or Unofficial team)	\$75
Junior B/G (3 racers per Division or Unofficial team)	\$75
Junior M/W + Senior (3 racers per Division or Unofficial team)	\$90

Coaches bibs:

Numbered coaches' bibs will be provided (one per team) to allow access on skis to the distance courses during the Saturday races. Coaches on skis will not be allowed in the stadium. Reserve and pay for a bib during online coach registration. Fee is \$20 per bib, plus \$50 refundable deposit. Bibs can be picked up at the Race Office.

Timing Chips:

There will be a \$50 replacement fee for transponder chips not returned to Zone4.

Awards:

NorAm and top three Junior Men and Women awards will be presented in the stadium area following each day's Open Category race. Award presentations to the top three finishers in each of the other categories will take place after the races.

Cash prizes will be given to the top five finishers of races (including the Relay) in the Open Class plus the top U23 finisher. **Only skiers with FIS licenses are eligible for cash prizes.**

Alberta Cup Awards will be presented following each day's races shortly after the finish of the last category.

- Medals will be given to the top 3 finishers in each category with the Juvenile category getting medals within each year of birth.
- Midgets and under will also get ribbons for the 4, 5, and 6th finishers.
- Medals and ribbons will be awarded to the respective winners, regardless of their Division or country of origin.

*****A schedule of daily awards presentations will be posted at the Race Office*****

Western Canadian Points:

All official race categories, Midget through Open Senior are eligible for the Championships rankings. Western Canada Championship SWIS/Fischer Cup will be given to Divisions only (not individuals). The Division aggregate will be based on the top 3 racers per Division in each individual category and top 5 racers per Division in the relay category. The NorAm points system is used for scoring. Points will be awarded for all races. Skier affiliation will be with their host club.

- AB Cup Points:** AB Cup Series points will be awarded per CCA Technical Package rules.
- Protest Procedure:** Protest forms will be available in the Race Office. Protests must be made in writing, submitted to the Competition Secretary within 15 minutes of posting of unofficial results and accompanied by a \$50 CAD fee.
- Courses/ Maps:** All courses will be marked and tracks set on Wednesday Jan17th. Course maps will be posted to the event website as soon as they are available and at the River Bend Clubhouse by 10 am on Wednesday Jan17th.
- Weather:** Online at: [River Bend Weather](https://www.theweathernetwork.com/ca/forecasts/golf-report/alberta/river-bend-golf-course)
(<https://www.theweathernetwork.com/ca/forecasts/golf-report/alberta/river-bend-golf-course>)
- Warm up/
Wax testing:** Warm up/cool down and glide testing areas are located near the stadium.
Wax testing on course is permitted up to 5 minutes before the start of competition.
- Wax Facilities:** A limited amount of heated waxing shelter will be installed in the parking lot adjacent to the stadium. Each Division/NST/NDC will be provided with a portion of this space in balance with the expected size of team. There will also be area available adjacent to these shelters for team tents/vehicles to be setup as supplemental ski preparation space. Please advise the OC of your wax shelter space requirements during online registration.
- Power for irons and lights will be supplied via a portable distribution panel situated in the parking lot. A limited selection of long extension cords will be available. Teams are asked to supply their own power cords to the extent possible. Please advise the OC of your power cord requirements during online registration.
- Glide Waxing Protocol** Cross Country Alberta respectfully requests all coaches, wax technicians and parents abide by a self-governed protocol while waxing skis for athletes racing in the Midget age and younger categories. The glide waxing protocol is as follows:
- Structure tools **ARE** permitted
 - Non-Fluoro (NF) or Low Fluoro (LF) glide waxes **ARE** permitted
 - Medium Fluoro (MF) or High Fluoro (HF) glide waxes **are NOT** permitted
 - Pure Fluoro glide waxes (powders, pucks, blocks and liquid) **are NOT** permitted
 - Cold weather powder additives and hardeners **are NOT** permitted
- The adherence to this protocol is self-governed and is the responsibility of the coaches, athletes, parents and wax technicians.
- Facilities:** The River Bend Clubhouse will be available as a heated shelter as well as for eating and first aid. Food will be available for purchase on site. There are accessible washrooms in the Clubhouse, and additional portable toilets are located in the parking lot close to the stadium area. There is limited space for changing so athletes should come to the race in their racing gear or be prepared to change in their vehicle. A separate, heated ladies changing space will be provided. Please do not use the accessible washrooms for changing.

Food Services:

Finish line: snacks and beverages will be provided.

Concession: River Bend Clubhouse will offer food and beverage for sale during race days.

Parking:

The parking at River Bend is limited, please carpool to help reduce the number of vehicles.

Cancellation:

A decision to cancel or move this event to a different venue will be made in consultation with the Organizing Committee, the Technical Delegate and Cross Country Alberta and Cross Country Canada. Race fees are not refundable if the event is moved. Race fees will be refunded, less incurred event expenses and a small administrative fee, if the entire event is cancelled outright.

Accommodation:

Holiday Inn & Suites and the Holiday Inn Express is the Official Host Hotel and offers EXCLUSIVE RATES. Contact Kelly Armstrong at 403-505-7499 to set up your rooming block at your preferred property, or call the Hotel directly and mention "Haywood NorAm Western Canadian Championships".

- [Holiday Inn Express](#) - 6433 - 6439 Orr Drive, Phone: 587-457-7829
- [Holiday Inn Express](#) - 2803 - 50th Ave., Phone 403-343-2112
- [Holiday Inn & Suites](#) - 33 Petrolia Drive - Gasoline Alley, Phone 403-348-8485

Find them online at www.bestsleepintown.com

Categories, Ages and Race Distances (Start times are approximate – see start lists)

Categories (M/W)	Code	Age	Friday, January 19, 2018		Saturday, January 20, 2018		Sunday, January 21, 2018	
			Sprint Start - Free Technique		Mass Start - Classic Technique		Relay - Free Technique	
			Qualifiers start: 9am		Start: 10am		Start: 9am	
Age is as of December 31, 2018			Male	Female	Male	Female	Male	Female
Atoms	ATB/ATG	2010 or younger	150 m	150 m	1 km	1 km	3 x 1 km	3 x 1 km
Pee Wees	PWB/PWG	2009, 2008	150 m	150 m	1.7 km	1.7 km		
Mini Midgets	MMB/MMG	2007, 2006	300 m	300 m	3 km	3 km	3 x 2 km	3 x 2 km
Midgets	MGB/MGG	2005, 2004	300 m	300 m	5 km	5 km		
Juveniles	JVB/JVG	2003, 2002	1000 m	1000 m	5 km	5 km	3 x 3.3 km	3 x 3.3 km
Junior B/G	JRB/HRG	2001, 2000	1000 m	1000 m	10 km	10 km	3 x 3.3 km	3 x 3.3 km
NorAm Open	JRM/JRW and SRM/SRW seeded together	Sub categories of:	1200 m	1200 m	15 km	10 km	3 x 5 km	3 x 3.75 km
		a) Senior men/women (1994+)						
		b) U23 Seniors (1995-1997)						
		c) Junior men/women (1998, 1999)						
Masters I & II	M12/W12	Age 30-39	N/A	N/A	15 km*	10 km*	10 km Free Technique Interval Start†	7.5 km Free Technique Interval Start†
Masters III & IV	M34/W34	Age 40-49						
Masters V & VI	M56/W56	Age 50-59						
Masters VII+	M7+/W7+	Age 60+						
Para-Nordic Sit Ski	SSM/SSW	No age	N/A	N/A	5 km		2.5 km†	
Para-Nordic Standing	SDM/SSW	No age	N/A	N/A	5 km**		2.5 km†	
Bob Johnstone Sport Event (novice)	SPE	No age	N/A	N/A	5 km***	5 km***	N/A	N/A

*Masters on Saturday will be run separately from the NorAm; All Masters will start as one group per gender.

**Subject to number of entrants, this event will either be run as a separate PN Standing event or integrated into the able-bodied events (Juvenile or Junior).

***Sport Event will be run with Masters.

†These are distance races, not relay events

N.B. Distances are subject to change without notice depending on conditions

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