

# Northern Cup



Cross Country BC

# Teck



# CALEDONIA

N O R D I C • S K I • C L U B

## EVENT NOTICE

### Teck Northern Cup #1 and BC Winter Games Northeast Zone 8 Trials

Saturday, December 30, 2017

**EVENT:** Saturday, December 30th, 11:00 am  
Individual Start, Classic Technique

**RACE LOCATION:** Otway Nordic Centre

**HOST CLUB:** Caledonia Nordic Ski Club – [www.caledonianordic.com](http://www.caledonianordic.com)

**EVENT WEBSITE:** [Teck Northern Cup & BCWG Zone 8 Trials](#)  
(caledonianordic.com; Events tab; Cross Country Events)

**SANCTIONED BY:** BC Winter Games & Cross Country BC

**RULES:** [Cross Country Canada Rules and Regulations](#)  
and [BC Winter Games General Rules](#)

#### INFORMATION:

Chief of Competition:	Andrew Watkinson	<a href="mailto:facilities@caledonianordic.com">facilities@caledonianordic.com</a>
Competition Secretary:	Jennifer Nasset	<a href="mailto:raceoffice@caledonianordic.com">raceoffice@caledonianordic.com</a>
Zone 8 Rep:	Cynthia Andal	<a href="mailto:6andals@gmail.com">6andals@gmail.com</a>

**ELIGIBILITY:** Athletes trying out for the Winter Games must be born in 2003 (Juvenile1) or 2004 (Midget2) and must be a member in good standing of a Zone 8 club.  
***All ages are encouraged and welcome to participate in Teck Northern Cup***

- LICENSES:** Licenses are not required for this event and Zone trial skiers are not required to have a CCC licence for the BC Winter Games.
- REGISTRATION:** Registration is via [Zone4](#), fees payable by credit card only. Deadline is midnight PST December 27th. **No late entries**
- START LISTS:** Start lists for the race will be posted on Zone4 by midnight Dec 29th and onsite at 9:30am of race day.
- BIB PICKUP:** Bib pick-up will be from 9:30 – 10:30am in the rental office located on the lower level of the Rotary Nordic Lodge
- FACILITIES:** A day lodge with First Aid facilities and indoor washrooms is on site.
- COLD WEATHER PROVISIONS:** Races will be cancelled or postponed if temperature conditions are unsuitable at start time. Notice will be posted on the event webpage.
- With air temperatures below -20°C (temperature measured at the coldest point of the course and without wind factor) and competition distances less than or equal to 15 km, the Jury must postpone or cancel the competition.*

*For skiers born 2005 and later, with air temperatures below -15C (temperature measured at the coldest part of the course and without a wind factor), the Jury must postpone or cancel the competition.*
- WEATHER:** [Current on-site weather](#) conditions and temperatures can be found on the host club website. For local area conditions visit environment Canada [weather page for Prince George](#).
- WAXING:** Indoor wax space is available, though space is limited. Outdoor electrical outlets are available along the biathlon fence. You will need to bring your own equipment.
- CCBC Glide Wax Protocol:** Cross Country BC respectfully requests all coaches, athletes, wax technicians and parents to abide by a self-governed protocol while waxing skis for athletes in all age categories at all Regional Cup races. This protocol also applies to coaches, athletes, wax technicians and parents traveling to British Columbia from out-of-province or out-of-country.
- Low-fluoro glide waxing protocol:
- Structure tools ARE permitted.
  - Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted.
  - Medium Fluoro (MF) or High Fluoro (HF) glide waxes are NOT permitted.
  - Pure Fluoro glide waxes (powders, pucks, blocks and liquids) are NOT permitted.
  - Cold weather powder additives and hardeners are NOT permitted.

## RACE SCHEDULE

### INDIVIDUAL START – CLASSIC TECHNIQUE Start time 11 am

Category	Year of birth	Distance	Fee
Special Olympics	Any year	TBD	-----
Atom	2010 or later	500m Black	\$5.00
PeeWee	2008/2009	1.1km Black	\$5.00
Bantam	2006/2007	1.8km Black	\$5.00
Midget	2004/2005	3.5km Black	\$7.00
Juvenile	2002/2003	5.0 km (2 x 2.5 Black)	\$7.00
Junior B/G	2000/2001	7.0 km (2 x 3.5 Blue)	\$10.00
Junior M/W	1998/1999		\$10.00
Open	1988-1997		\$10.00
Masters	1987 and earlier		\$10.00

**COURSE:** Courses will be marked and groomed by noon on Friday Dec 29<sup>th</sup>. Course maps will be posted at the venue and on the event website.

**AWARDS:** **Awards will be presented as soon as possible after posting of the final results**

- 7 & under – Teck participant ribbons for all
- 8 years – Teck medals for top 5 finishers; Teck participant ribbons for all others
- 9 – 15 years – Teck medals for top 3 finishers; Teck ribbons for 4<sup>th</sup> and 5<sup>th</sup> finishers
- 16+ years -- edible awards for 1<sup>st</sup> – 3<sup>rd</sup> finishers

**ACCOMMODATION:**



is the host hotel for 2017/18 Caledonia Nordic cross country events. Please [visit their website](#) for more information and to book.

**TOURISM  
PRINCE GEORGE:**

Visit Tourism Prince George for more information on services and amenities

Phone: 250-562-3700 toll free: 1-800-668-7646  
 email: [tourism@initiativespg.com](mailto:tourism@initiativespg.com)  
 website: [www.tourismpg.com](http://www.tourismpg.com)



## 2018 BC Winter Games - February 22-25, 2018 Overlander Ski Club – Stake Lake Trails

Visit the [2018 BC Winter Games website](#) to learn more about competition schedule and formats:

### **BCWG SELECTION:**

Qualifying athletes will be contacted by Zone Rep, Cynthia Andal. Registration of Zone Teams must be complete by 4pm, January 22, 2018

Please see the [BCWG Technical Package](#) for more information.

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