



Teck

TECK NORTHERN CUP #3, 2017

February 13, 2017

FOR IMMEDIATE RELEASE



Photo credit: Irene Ronalds

The TECK Northern Cup Series Race #3 took place February 12, 2017, at the Bulkley Valley Nordic Centre in Smithers. A total of 57 racers participated in the event, including a strong showing of young up and coming athletes (pictured above) at the "Learning to Train" phase according to Cross Country Canada's Long Term Athlete Development model. Race teams represented included Snow Valley (Terrace), and Bulkley Valley.

The Free Technique Mass Start race had distances ranging from .7 km for the youngest, to 15 km for Masters men's category. Many of the older athletes (some pictured below) used the race as a "training race" in preparation for the TECK BC Cup Championships to be held at Stake Lake in Kamloops next weekend.



Photo credit: Lisa Perry

Snow and weather conditions have been challenging in northern BC this season, with long cold snaps with little snow interspersed with short thaw periods with freezing rain. All northern clubs have managed to work well with the what snow they have in order to pull off excellent events.

A big thank you goes out to our sponsor TECK Resources, and to our over 30 volunteers who make this event possible year after year. Special thanks go to Head Coach Lisa Perry, Chief of Competition Jennifer Plummer, Chief of Course Daniel Helm, Chief of Timing Steve Osborn, Chief of Results Mark Gillis, and especially Chief of Soup Tamara Gillis. The day wrapped up with a great lunch enjoyed by all.

The Teck Northern Cup is a series in northern British Columbia. Follow the team results on the Cross Country BC website at <u>http://www.crosscountrybc.ca/teck-regional-cup-program</u>.

Cross Country BC Dennis Wu 250-545-9600 office@crosscountrybc.ca Bulkley Valley Cross Country Ski Club Irene Ronalds 250-847-1994 ireonalds@gmail.com Cross Country BC (CCBC), the provincial sport governing body for cross country skiing in British Columbia, is a not-for-profit, club-based organization of more than 18,000 members. CCBC offers programs and services to support the continuous development of cross country skiing for all ages and abilities, from introductory experiences to international excellence.

Teck Resources Limited is the title sponsor of CCBC's Skier Development Program, thereby supporting excellence in sport and providing youth with experiences that will help them prepare for the for the future. For more information on Cross Country BC, please visit <u>www.crosscountrybc.ca</u>.





