

# COACHES WEEK 2017



grow  
sport

COURSE NAME	DAY	LOCATION	TIME	COST	FACILITATOR	ROOM
Thursday September 28- Friday September 29				based on 14 part.		
Coaching and Leading Effectively	Thurs. Sept. 28 Fri. Sept. 29	Whistler	5:00pm - 9:00pm 9:00am - 3:00pm	\$65.00	Laura Watson	Whistler Athletes Centre
Friday September 29						
Nutrition	Fri. Sept. 29	Squamish	10:00am-12:00pm	\$10.00	Blake Roswell	Brennan Park
Basic Mental Skills	Fri. Sept. 29	Squamish	1:00pm - 5:00pm	\$10.00	Blake Roswell	Brennan Park
Coach Appreciation Night	Fri. Sept. 29	Whistler	7:00pm- 9:00pm	FREE if RSVP	CSI-P, WSL, RMOW	Whistler Athletes Centre
Saturday Sept. 30						
Psychology of Performance	Sat. Sept. 30	Whistler	9:00am - 5:00pm	\$65.00	Laura Farres	Whistler Athletes Centre
Design a basic sport program	Sat. Sept. 30	Squamish	9:00am - 5:00pm	\$10.00	Blake Roswell	Brennan Park
Making Ethical Decisions	Sat. Sept. 30	Whistler	2:00Pm- 6:00pm	\$40.00	Tom Walker	Whistler Athlets Lodge
Sunday Oct. 1						
Leading Drug Free Sport	Sun. Oct. 1	Whistler	9:00am - 12:30pm	\$35.00	Harry Lendvoy	Whistler Athletes Centre
Pervention and Recovery	Sun. oct. 1	Whistler	1:00pm - 8:00pm	\$35.00	Harry Lendvoy	Whistler Athletes Centre
Planning a Practice	Sun. Oct. 1	Squamish	10:00am - 4:00pm	\$10.00	Blake Roswell	Brenna Park
Tuesday Oct. 3						
CAAWS Conflict Management	Tues. Oct. 3	Whistler	6:30pm - 8:00pm	\$10.00	Lucinda Jagger	Whistler Athletes Lodge
Thurs. Oct. 19 - Sun Oct. 22						
Physical Literacy 101	Thu. Oct. 19	Whistler	6:00pm - 9:00pm	\$35.00	Elisa Maruzzo	Whistler Athletes Centre
Whistler Physical and Health Enrichment summit	Fri. Oct. 20	Whistler	8:30am - 4:30pm	\$145.00	WSL	Whistler Athlets Centre
Resistance Training	Sat. Oct. 21	Whistler	9:00am-6:00pm	\$65.00		
HighFive	Sat. Oct. 21	Whistler	9:00am - 5:00pm	\$65.00	Tami Mitchell	Whstler Athletes Centre
FMS	Sun. Oct. 22	Whistler	9:00am - 4:00pm	\$40.00	Tami Mitchell	Whistler Athletes Centre
	Comp Intro Course					
	Comp Dev. Courses					
	Professional Development Courses					



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