



RACE NOTICE

2014 Haywood NorAm

World Jr/U23 Championship Trials

CWG BC Team Trials

December 20-21st, 2014

DATE: Friday December 19th Official Training
Saturday December 20th Buff Sprint – Classic
Sunday December 21st Individual Start – Free

RACE LOCATION: Whistler Olympic Park, Callaghan Valley, Whistler, BC.

Whistler Olympic Park, the site of the Vancouver 2010 Winter Olympic Games, is located just 16 km southwest of Whistler, 50 km north of Squamish and 115 km north of Vancouver B.C. Access to the event site is on paved roads and there is adequate on-site parking. Further information:
www.whistlerolympicpark.com.

HOST CLUB: Callaghan Valley Cross Country Ski Club: www.callaghanxcski.ca

The 2014 Haywood NorAm CWG Trials is organized by Callaghan Valley Cross Country Ski Club with the active support of these ski clubs:

- Nordic Racers – Vancouver nordicracers.ca
- Hollyburn Cross Country Ski Club hollyburnxc.ca
- Whistler Nordic Ski Club whistlernordics.com
- Spud Valley Nordics spudvalleynordics.com
- Sea to Sky Nordics seatoskynordics.ca

SANCTIONED BY: NORAM: Cross Country Canada (CCC) & International Ski Federation (FIS)

RULES: CCC: www.cccski.com/Events/Rules-and-Regulations.aspx
FIS: <http://www.fis-ski.com/uk/disciplines/cross-country/cross-country-rules.html>





RACE OFFICIALS:	Chief of Competition	Sherryl Yeager	sherryl@callaghanxcski.ca
	Race Secretary	Moira-Ann Handford	mo@callaghanxcski.ca 604-218-4945
	Chief of Timing	Val Wootton	
	Chief of Course	Chuck Beebe	
	Chief of Stadium	Delores Franz Los	
	Chief of Control	Jamie Stirling	
	Technical Delegate	Ken Hewitt	
	Asst Technical Delegate	Sharon Clarke	
	CCC Race Director	Dave Dyer	

JURY: The Jury members include the Technical Delegate (who is chair of the jury), the Chief of Competition, the CCC Race Director, and the Assistant Technical Delegate. At the discretion of the Jury, other experts may be invited to attend Jury meetings as observers, but do not have a vote in Jury decisions.

ELIGIBILITY: Eligibility requirements are described in detail in Section 6.2 of the Technical Package 2.2.4, dated September 2014:
<http://www.cccski.com/getmedia/edd7b4ab-807c-4a2d-a205-fd97c2ef71e3/2014-15-NorAm-TP-Sept-Final.pdf.aspx>

LICENCES All NORAM competitors must have a valid racing licence issued by CCC, FIS, or the national ski licensing body of another country. Skiers lacking national or international licenses will be required to purchase a Supporting Member Day Licence (SMDL) upon registration. If a skier is licensed by FIS, this number **must** be provided at registration, as well as the number of his or her national licence. Only skiers with FIS licences are eligible to receive cash prizes.

Athletes competing in the midget categories who do not have a CCC Racing licence are not required to have a SMDL.

SPRINT SEEDING: Sprint competitions will consist of a qualification round of all skiers in each common distance category. Senior and junior men and senior and junior women will be combined for the qualification round and started in order of Sprint CPL with the best starting first.

DISTANCE SEEDING: The Distance CPL will be used when seeding all categories. Within each category skiers will be ranked based on the Distance CPL. Groupings will then be formed based on number of total skiers in the combined category. Start positions will then be randomly assigned within each group. The decision of the Jury will specify the order of start for each group.

WORLD Jr U23 SELECTION: NorAm results will be used to help select members of the 2015 World Jr/U23 team representing Canada in Almaty, Kazakhstan. Juniors competing for World Jr Selection must enter the Junior Heats to be eligible for selection.





Refer to Section 8, 2014/15 National Team Criteria at:
<http://www.ccski.com/National-Ski-Team/Selection-Criteria.aspx>

CWG SELECTION (BC): The Open M/W Sprints on Saturday December 20 are CWG qualification races for BC athletes. To qualify for the CWG, Junior athletes must compete in the Senior category.

The Junior Women's 5km race on Sunday December 21 will also be a CWG qualification race for Team BC.

BC U23 Senior Women who have not previously qualified for the CWG must elect to ski a separate 5km CWG selection race. This race is not one of the Haywood NorAM Open Women's events.

BUFF SPRINTS: Canada Points will be awarded to all skiers who have a CCC Racing License.

The top 12 qualifying Juvenile and Junior Boys and Girls will advance directly to semi-final heats of 6 skiers. The top 30 Junior M/W and Senior M/W will advance to quarter-final heats.

AWARDS: Awards will be presented at the venue immediately following each event.

Haywood NorAm Awards will be presented to the top three in the following categories - Open Men & Women, Junior Men & Women. Cash prizes will be given to the top five finishers plus the top U23 finisher in the Open classes. *Please note: only skiers with FIS licences are eligible for cash prizes.*

Awards will also be presented to the top three in each of the following categories Junior Boys and Girls, Juvenile Boys & Girls, Midget Boys and Girls, Para-Nordic Sit-Ski Men and Women, Para-Nordic Standing Men and Women, Para-Nordic Visually Impaired, Men and Women.

ENTRY: All registration will take place online, using Zone4: www.zone4.ca. Payment is by using Visa or MasterCard on Zone4 when registering. Waivers must be completed during online registration on Zone4.

Please check the Zone4 confirmation list for this event (available from the online registration section of Zone4) to be sure you have registered correctly. **Please email the Race Secretary at mo@callaghanxcski.ca with any registration issues or questions.**

RACE CANCELLATION: An alternate venue has been secured at a higher elevation if snow conditions are not suitable for holding the event at Whistler Olympic Park. The date of the race will not be moved, but cancellation of the race may be unavoidable due to weather conditions. If the event is cancelled, a partial refund will be given to all competitors as per the technical package. For competitors who





have to cancel before the race entry deadline, a refund will be given less an administration fee.

DEADLINES: Registration CLOSSES Tuesday 16th December @ 23:59 (PST)

Category	EARLY Up to Tues Nov 25 th at 23:59	REGULAR Nov 26- Dec 13 at 23:59	LATE Dec 14- Tues, Dec 16 th at 23:59
Midgets, Para-Nordic	\$15	\$20	\$30
Juveniles and Junior Boys and Girls	\$30	\$35	\$45
Open, Junior M/W,	\$35	\$40	\$50

Entries after December 16th may only be accepted at the discretion of the jury and will incur a \$50 penalty fee for each race **on top of** the **regular** entry fee.





REGISTRATION CATEGORIES, SCHEDULE AND ENTRY FEES:

Competition Schedule

DAY 1 December 20, 2014 Buff Sprints - Sprint, CL

****See deadlines for early, regular, and late fees****

RACE	CATEGORY	YOB	GENDER	DISTANCE	COURSE FORMAT	START TIME	REGULAR FEE PER RACE
Sprint Qualifier	Open	Senior – 1994 & before Junior - 1995, 1996	Women	1.4km	Sprint	9:00	\$40
Sprint Qualifier	Open	Senior – 1994 & before Junior - 1995, 1996	Men	1.6km	Sprint	10:00	\$40
Sprint Qualifier	Junior	1997, 1998	Boy	1.2 km	Sprint	10:00	\$35
Sprint Qualifier	Junior	1997, 1998	Girl	1.2km	Sprint	10:00	\$35
Sprint Qualifier	Juvenile	1999/ 1999-2000	Boy/ Girl	1.0 km	Sprint	10:00	\$35
Distance	Midget	2000 or later 2001 or later	Boy / Girl	2.5km	Classic Int. Start	10:30	\$20
Distance	Para-Nordic Standing		M/W	2.4km	Classic Int. Start 2x1.2km	10:50	\$20
Distance	Para-Nordic Sit-ski		M/W	2.5km	Classic Int. Start	10:55	\$20
Sprint Heats	Open W/M		W/M	1.4/1.6 km	Sprint	11:00	
Sprint Heats	Junior		Boy / Girl	1.2km	Semi & Finals only	TBA	
Sprint Heats	Juvenile		Boy / Girl	1.0 km	Semi & Finals only	TBA	

* depending on snow conditions the 1.0km sprint may be changed to a 1.2km sprint





CAPITAL MARKETS



HAYWOOD



DAY 2 December 21, 2014 Haywood NorAm- Interval Start, Free

See deadlines for early, regular, and late fees

RACE	CATEGORY	YOB	GENDER	DISTANCE	COURSE FORMAT	START TIME	REGULAR FEE PER RACE
Interval Start, Free	Senior	1994 & before	Women	Senior 15km	Senior 3x5k	9:00	\$40
Interval Start Free	Junior	1995, 1996	Women	Jr W 5km	Jr 1x5km		\$40
Interval Start, Free	Senior	1994 & before	Men	Senior 30k	Senior 6x5k	10:00	\$40
Interval Start Free	Junior	1995, 1996	Men	Jr 10k	Jr 2x5km		\$40
Interval Start, Free	Midget	2000 or later/ 2001 or later	Boy/Girl	2.5km	1x2.5km		\$20
Sprint Free	Para-Nordic Stand		Men/Women	1.2km Sprint course	1x1.2km		\$20
Sprint Free	PN Sit		Men/Women	.75km sprint	1x.75km		\$20
Interval Start, Free	Juvenile	1999/ 1999-2000	Boy/Girl	5 km	1 x 5km		\$35
Interval Start, Free	Junior	1997, 1998	Boy	10 km	2 x 5km		\$35
Interval Start, Free	Junior	1997, 1999	Girl	5 km	1 x 5km		\$35



CALLAGHAN VALLEY
cross country ski club





EVENT SCHEDULE:

Date	Time	Event	Location
Tues Nov 25 th	23:59	Deadline for Early bird Registration	www.zone4.ca
Sat Dec 13 th	23:59	Deadline for Regular Registration	www.zone4.ca
Tues Dec 16 th	23:59	Deadline for Late and FINAL Registration	www.zone4.ca
Thurs Dec 18 th		Unofficial training	
Fri Dec 19 th	07:00-18:00 08:00-16:00 09:00-16:00 19:00-21:00	Gates open Race Office Open Official Training Team Captains Meeting	Technical Building, WOP Whistler Athletes' Centre
Sat Dec 20 th	06:00-21:00 07:30 09:00 10:30 10:50 10:55 11:00 11:00 19:00-20:00	Gates open Bib pick up Buff Sprint Qualification (Interval Start) Midget Distance Classic Para-Nordic Standing Distance Para-Nordic Sitting Distance Awards – Midgets Buff Sprint Heats – Open, Junior M/W Buff Sprint Heats – Juvenile, Junior B/G, Awards - Presented by Buff, following races at 14:10 and 15:00 (approx.) Team Captains Meeting	Race Office Stadium Stadium Stadium Stadium Stadium Whistler Athletes' Centre
Sun Dec 21 st	06:00-17:00 07:30 09:00 Awards	Gates open Bib pick up Haywood NorAm CWG Interval Start Free Para-Nordic Sprints Free Following Races	Race Office Stadium Stadium





RACE OFFICE: Located in the Technical Building, adjacent to the stadium.

Thursday 18 th December	11:00 – 14:00
Friday 19 th December	08:00– 16:00
Saturday 20 th December	07:00 – 17:00
Sunday 21 st December	08:00 – 16:00

PROTESTS: Forms will be available at the Race Office. Protests must be received within 15 minutes of unofficial results being posted. Protest fee \$50.00

TEAM CAPTAINS MTG: Will be held at Whistler Athletes’ Centre from 19:00-20:00 the evening before each competition (see event schedule).

TRAIL PASSES: Trail passes are required by everyone for all non-official training days. Competitors, coaches, team support personnel and all skiers in any other capacity are required to have a valid trail pass. Trail passes for competing athletes (only) are included in the registration fee and cover official training and competition days. Two passes per team will be provided for coaches/wax technicians. Please use the free registration option to register. **Discounted** trail passes for friends and family may be obtained online through this link: <http://www.whistlerolympicpark.com/tickets-passes/day-passes>. A book of 10 passes for a discounted price is also available at the gate. There is a limited time offer on Groupon for Ski Callaghan, which includes WOP available here: <http://www.groupon.com/deals/ski-callaghan-2>. If you do not pre-order a trail pass or do not have a valid season pass, you will be required to purchase one (**at full price**) upon entering Whistler Olympic Park. Non-skiers are admitted free with skiers. Cars are charged \$10 a day if there are no skiers in the vehicle.

COURSE MAPS: Course maps and profiles will be posted on the event page at <http://callaghanxcski.ca/events/noram2014/course-maps/>

WEATHER: See: www.whistlerolympicpark.com/trails-conditions/weather-and-webcams

BIB PICK UP: From the Race Office the morning of each event.

START LISTS: Start lists will be posted online on Zone4, and will be available at Team Captains Meetings and at the Race Office on the day of each event.

FOOD: Restaurant facilities are available in the day lodge.

RESULTS: Unofficial results will be posted outside the Race Office after the race and prior to the official results being posted. After the event, results will be available to review on Zone4.

DRIVING TIMES:	Whistler to Whistler Olympic Park	30 minutes (20 km)
	Squamish to Whistler Olympic Park	60 minutes (55 km)
	Vancouver to Whistler Olympic Park	110 minutes (120 km)





These times are estimates and may change due to weather and road or traffic conditions. Please be advised that winter tires or chains are strongly recommended and may be required on Highway 99 in the event of bad weather. Please allow at least 15 minutes to be processed at the entry gate.

TRANSPORTATION:

Scheduled coach services
From Vancouver Intl Airport - Pacific Coach: www.pacificcoach.com
From Downtown Vancouver - Greyhound: www.greyhound.ca

RENTAL CARS:

Located ground floor of the parkade @ YVR.
National/Alamo: www.nationalcar.ca
Avis: www.avis.com
Budget: www.budget.com
Hertz: www.hertz.com
Dollar/Thrifty: www.thrifty.com

PARKING:

Please park in the designated lots as directed upon arrival.

FACILITIES:

For information about general venue facilities, see:
www.whistlerolympicpark.com/about/facilities

WAXING:

Eligible teams will be assigned waxing trailer space next to the stadium according to the NorAm Technical Package. Assignment of trailers will be on a first come first serve basis.

ACCOMMODATION:

Check the event website for several options, some with special discounts for NorAm participants
<http://callaghanxcski.ca/events/noram2014/accommodation/>
<http://www.callaghanxcski.ca/index.php/events/noram/accommodation>

TOURIST INFO:

www.whistlerchamber.com
www.whistler.com
www.squamishchamber.com
www.tourismsquamish.com





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